

Geriatric Fellowship Training Program

Time : Aug 8-10, 2018

Venue : Center for Geriatric and Gerontology, Taipei Veterans General Hospital

| Date | Time | Topic | Speaker | Moderator |
|-------------|--------------------|---|---|--------------------------|
| Aug 8(Wen) | 09:00-10:00 | Lecture- Changes in skeletal muscle, bone, fat, and mobility: an overview | Prof. Debra Waters | Dr. Li-Ning Peng |
| | 10:00-10:30 | Discussion & Break | | |
| | 10:30-11:30 | Lecture- Sarcopenia and Frailty: definitions, identification and risk factors | Prof. Gustavo Duque | Dr. Li-Ning Peng |
| | 11:30-12:00 | Discussion & Break | | |
| | 12:00-13:00 | Lunch | | |
| Aug 9(Thur) | 13:00-14:00 | Lecture- Sarcopenic-obesity: definition, identification, and functional implications | Prof. Debra Waters | Dr. Li-Kuo Liu |
| | 14:00-14:30 | Discussion & Break | | |
| | 14:30-15:30 | Lecture- Osteoporosis and osteosarcopenia: pathophysiology, identification and treatment | Prof. Gustavo Duque | Dr. Li-Kuo Liu |
| | 15:30-16:00 | Discussion & Break | | |
| | 09:00-10:00 | Lecture- Falls and fractures in community dwelling older adults | Prof. Debra Waters | Dr. Liang-Yu Chen |
| Aug 9(Thur) | 10:00-10:30 | Discussion & Break | | |
| | 10:30-11:30 | Lecture- Falls and fractures in hospital and rest-home care | Prof. Gustavo Duque | Dr. Liang-Yu Chen |
| | 11:30-12:00 | Discussion & Break | | |
| | 12:00-13:00 | Lunch | | |
| | 13:00-14:20 | Case-based discussion(Australia) I have a case from a lecture that covers iatrogenic diseases with falls as outcome. It gets students thinking about polypharmacy and unexpected outcomes. Or I could give this as one lecture | Prof. Gustavo Duque | Dr. An-Chun Hwang |
| 14:20-14:30 | Discussion & Break | | | |
| | 14:30-16:00 | Case-based discussion(Taiwan) | Prof. Debra Waters Prof. Gustavo Duque | Dr. An-Chun Hwang |

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| Aug 10(Fri) | 09:00-10:00 | Lecture- Prevention strategies for sarcopenia, frailty, and falls | Prof. Debra Waters | Dr. Yi-Hui Wu |
| | 10:00-10:30 | Discussion & Break | | |
| | 10:30-11:30 | Lecture- Prevention strategies for osteoporosis and osteosarcopenia | Prof. Gustavo Duque | Dr. Yi-Hui Wu |
| | 11:30-12:00 | Discussion & Break | | |
| | 12:00- | Lunch & City Tour | | |