

Geriatric Fellowship Training Program

Time : Oct 19-21, 2019

Venue : Center for Geriatric and Gerontology, Taipei Veterans General Hospital

Date	Time	Topic	Speaker	Moderator	
Oct 19 (Sat)	09:00-10:00	Lecture- Changes in skeletal muscle, bone, fat, and mobility: an overview	Prof. Debra Waters	Dr. Li-Ning Peng	
	10:00-10:30	Discussion & Break			
	10:30-11:30	Lecture- Sarcopenia and Frailty: definitions, identification and risk factors	Prof. Gustavo Duque	Dr. Li-Ning Peng	
	11:30-12:00	Discussion & Break			
	12:00-13:00	Lunch			
	13:00-14:00	Lecture- Sarcopenic-obesity: definition, identification, and functional implications	Prof. Debra Waters	Dr. Tang-Ting Ching	
	14:00-14:30	Discussion & Break			
	14:30-15:30	Lecture- Osteoporosis and osteosarcopenia: pathophysiology, identification and treatment	Prof. Gustavo Duque	Dr. Tang-Ting Ching	
	15:30-16:00	Discussion & Break			
	Oct 20 (Sun)	09:00-10:00	Lecture- Falls and fractures in community dwelling older adults	Prof. Debra Waters	Dr. Sung-Hua Tseng
	10:00-10:30	Discussion & Break			
	10:30-11:30	Lecture- Falls and fractures in hospital and rest-home care	Prof. Gustavo Duque	Dr. Sung-Hua Tseng	
	11:30-12:00	Discussion & Break			
	12:00-13:00	Lunch			
	13:00-14:20	Lecture- Prevention strategies for sarcopenia, frailty, and falls	Prof. Debra Waters	Dr. Li-Ning Peng	
	14:20-14:30	Discussion & Break			
	14:30-16:00	Lecture- Prevention strategies for osteoporosis and osteosarcopenia	Prof. Gustavo Duque	Dr. Li-Ning Peng	
	Oct 21(Mon)	09:00-10:00	Case-based discussion(Australia)	Prof. Gustavo Duque	Dr. Liang-Yu Chen
	10:00-10:30	Discussion & Break			
	10:30-11:30	Case-based discussion(Taiwan)	Prof. Debra Waters Prof. Gustavo Duque	Dr. Liang-Yu Chen	
	11:30-12:00	Discussion & Break			
	12:00-	Lunch & City Tour			

