Pyogenic Liver Abscess Associated with Septic Pulmonary Embolism

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Metastatic infections associated with Klebsiella pneumonine liver abscess and diabetes mellitus (DM) have been well described in Taiwan.¹ K. pneumoniae is emerging as the leading causative bacteria for pyogenic liver abscess in Taiwan and the United States.^{2,3} Among 77 currently recognized capsular serotypes of K. pneumoniae, K1 and K2 are the most prevalent serotypes for K. pneumoniae in liver abscess and metastatic infections including endophthalmitis.⁴ Metastatic infections other than endophthalmitis include septic pulmonary emboli, pulmonary abscesses, cerebral abscesses, purulent meningitis, otitis media, osteomyelitis, arthritis, prostate abscesses, pylephlebitis and psoas muscle abscesses.^{1,2,4} DM is the major host factor for K. pneumoniae liver abscess as well as metastatic endophthalmitis. Seventyeight percent of patients with K. pneumoniae liver abscess had underlying DM.⁴ Among the patients with septic endophthalmitis, 92% were diabetic patients.⁴

In the September 2008 issue of the journal, Yang et al retrospectively identified 9 patients with septic pulmonary embolism (SPE) among 418 patients with pyogenic liver abscess in Taipei Veterans General Hospital during a 6-year period.⁵ In them, DM (78%, 7/9) was the leading host factor for SPE as well as other concomitant metastatic complications including endophthalmitis, meningitis and necrotizing fasciitis. *K. pneumoniae* accounted for at least 78% (7/9) of the causative organisms in patients with SPE. A higher mortality due to respiratory failure and septic shock (3/9, 33.3% vs. 24/390, 6.15%; p < 0.05) was noted for patients with SPE compared to those without septic metastases.

Since the study was conducted retrospectively and most of the patients did not receive computed tomography (CT) scan, the incidence of SPE in patients with pyogenic liver abscess may be underestimated. This can be figured out as SPE was excluded in only 5 patients according to a chest CT scan out of 116 patients in the non-SPE group although they had an abnormal chest radiographic finding, such as pleural effusion (n=70), non-nodular alveolar infiltration (n=46) and non-nodular interstitial infiltration (n=10). However, it is optimal that the authors concluded that a CT scan has diagnostic value for detecting SPE in diabetic patients who have liver abscess plus a chest radiograph showing multiple ill-defined peripheral round opacities.

SPE is a condition characterized by pulmonary emboli, and secondary pulmonary infection of other infectious sites caused by clot, fibrin matrix and other particles which are infected with micro-organisms. Right-sided endocarditis, intravenous drug abuse, suppurative phlebitis, pelvic thrombophlebitis, prolonged indwelling catheters, and arteriovenous shunt for hemodialysis have been reported as sources of SPE.⁶ Since fatal or poor outcome is mainly attributed to delayed diagnosis of liver abscess or SPE, early diagnosis is a critical issue for appropriate treatment. Whether SPE is a part of metastatic complications or an independent risk for mortality in patients with pyogenic liver abscess needs further study.

Both the virulence of K. pneumoniae and underlying DM play important roles for these metastatic properties.^{7,8} Patients with K. pneumoniae liver abscess display bacteremia and septic metastatic complications including endophthalmitis, meningitis, brain abscess, lung abscess, and necrotizing fasciitis. Innate immunologic elements such as neutrophils might play an important role in the killing of bacteria trapped in the liver. Moreover, serotypes K1 and K2 of K. pneumoniae were associated with the development of distant metastasis such as endophthalmitis, particularly in diabetic patients.⁴ Interestingly, K1 and K2 K. pneumoniae were more resistant to in vitro phagocytic uptake by neutrophils.^{8,9} However, the detailed mechanisms for how K. pneumoniae causes septic pulmonary embolism remain to be elucidated.



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Adequate antibiotic treatment and early drainage are 2 critical interventions for successful outcome of patients with K. pneumoniae liver abscess. We previously identified 6 independent risk factors predicting severe complication of K. pneumoniae liver abscess: thrombocytopenia (<100,000/mm³), alkaline phosphatase >300 U/L, gas formation in the abscess, APACHE III score>40, use of cefazolin (instead of extendedspectrum cephalosporin), and delayed drainage.⁹ Metastatic infections and severe pulmonary complications in K. pneumoniae liver abscesses often result in a grave prognosis. Thus, although K. pneumoniae causing community-acquired liver abscess were generally susceptible to cephalosporins in Taiwan,^{2,10} an extendedspectrum cephalosporin should be used in patients with metastatic complication or high disease severity. Physicians should recognize the risks of complicated distant foci such as endogenous endophthalmitis, SPE and meningitis in pyogenic liver abscesses, especially in patients with DM. A chest CT scan should be considered for a K. pneumoniae liver abscess patient with alveolar infiltrates in order to facilitate the diagnosis of SPE.

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