

A new facility for functional-based approach to vestibular hypofunction

Po-Cheng Hsu^a, Chen-Liang Chou^{a,b,*}

^aDepartment of Physical Medicine and Rehabilitation, Taipei Veterans General Hospital, Taipei, Taiwan, ROC; ^bSchool of Medicine, National Yang-Ming University, Taipei, Taiwan, ROC

TO THE EDITOR

We read with great interest the article written by Dr. Wei and Dr. Kao, entitled "Establishment of vestibular function multimodality platform",¹ which has been published in the *Journal of the Chinese Medical Association*. We want to congratulate the authors for this successful invention and for their contributions in the evaluation of vestibular functions.

Functional evaluation has an important aspect in physical medicine and rehabilitation. Since physical performances and activities of daily livings (ADLs) are dynamic motions, a clinic-based static physical examination is unable to simulate the real world conditions. Emerging designs based on inertial measurement units (IMUs) had been applied in functional evaluation and treatment, such as gait analysis² and fall prevention in Parkinson's disease.³ The ability to allow for quantitative measurement makes IMUs a useful tool in dynamic functional evaluation, which is an extraordinary important in ADLs compared with the static physical examination.

Vestibular hypofunction may be an underestimated chronic condition⁴ with considerable negative impacts on physical performances and health-related quality of life.⁵ As the prevalence of vestibular hypofunction increases with age, the subsequent higher fall risks can lead to economic burden of health care system especially in an ageing society. An innovation of IMUsbased platform to evaluate vestibular ocular reflex and gaze shifting can potentially be applied efficiently to the rehabilitation prescription of vestibular hypofunction. Further benefits of its integration with other therapeutic strategies could be expected.

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Received July 16, 2019; accepted July 16, 2019.

^{*}Address correspondence: Dr. Chen-Liang Chou, Department of Physical Medicine and Rehabilitation, Taipei Veterans General Hospital, 201, Section 2, Shi-Pai Road, Taipei 112, Taiwan, ROC. E-mail addresses: cl_chou@vghtpe.gov. tw (C.-L. Chou).

Conflicts of interest: The authors declare that there are no conflicts of interest related to the subject matter or materials discussed in this article.

Journal of Chinese Medical Association. (2019) 82: 881.

doi: 10.1097/JCMA.00000000000164.

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