



# Cementless primary or revision stem in revision hip arthroplasty for aseptic stem loosening with Paprosky type I/II femoral defect?

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## Abstract

**Background:** The use of primary or revision stem during revision total hip arthroplasty (THA) for aseptic stem loosening with Paprosky type I/II femoral defect remains controversial. The aim of this study was to compare the outcomes of patients who underwent revision THA with a primary or revision stem.

**Methods:** We retrospectively reviewed 78 patients who received revision THA for aseptic stem loosening using primary (N = 28) or revision stems (N = 50). The bone defects were classified as Paprosky type I or II. The mean follow-up duration was 72.3 ± 34.7 months. The primary outcome domains included surgical complications and implant failures. The secondary outcome domains included medical complications, 30- and 90-day readmission, and Harris hip score (HHS).

**Results:** The use of revision stem was associated with a higher incidence than primary stem of patient complications (60.0% vs. 32.1%,  $p = 0.018$ ), including intraoperative femur fracture (28.0% vs. 7.1%,  $p = 0.029$ ) and greater trochanter fracture (16.0% vs. 0%,  $p = 0.045$ ). The implant survival rate was comparable between groups. HHS at the final follow-up was similar.

**Conclusion:** With a lower risk of surgical complications and a similar rate of mid-term implant survival, cementless primary stem appears superior to revision stem in revision THA for aseptic stem loosening with Paprosky type I/II femoral defect.

**Keywords:** Aseptic loosening; Cementless; Femoral stem; Joint Revision; Total hip arthroplasty

## 1. INTRODUCTION

Total hip arthroplasty (THA) is one of the most successful orthopedic procedures. With an aging population, the demand for THA is estimated to increase by 174% between 2007 and 2030 in the United States.<sup>1</sup> The increasing number of primary THA procedures has led to an increase in revision THA procedures.<sup>1,2</sup> Aseptic loosening is among the most common indications for revision THA.<sup>2</sup> The choice between cemented or cementless stems during the first-time revision THA procedure remains controversial, since both types of stems lead to satisfactory long-term implant survival.<sup>3</sup> When using a cementless femoral stem, primary stability is of paramount importance but can be challenging, owing to varying degrees of bone loss.<sup>4,5</sup> One advantage of using a primary stem during the revision procedure

is easier implantation, sparing the diaphysis invasion while preserving the native bone stock.<sup>6,7</sup> In contrast, the benefits of using a longer, revision stem include an increased contact area for osteointegration, which allows bypass of the metaphysis and achieves a more reliable fixation in the diaphysis.<sup>4,7,8</sup>

Most studies of the outcomes using either cementless primary or revision stem procedures have been single-arm case series.<sup>6,9-23</sup> Although the mid-term implant survival of both primary (85.0%-96.2%)<sup>9,12,23</sup> and long stem procedures (86.0%-97.0%)<sup>15-17,19,20</sup> is good to excellent, the incidence of common complications differs between the two, including surgical site infection (0% vs. 0%-7%),<sup>9,12,14,17,23,24</sup> periprosthetic joint infection (PJI; 0.7%-5.2% vs. 0%-14%),<sup>9,11,18,21</sup> intraoperative fracture (0.7%-20.2% vs. 0%-64%),<sup>9,12,14,25</sup> greater trochanter fracture (3.3% vs. 6.0%-19.5%),<sup>10,15,17</sup> periprosthetic fracture (1.4%-2.1% vs. 1%-5%),<sup>6,9,13,16</sup> stem subsidence (0% vs. 3%-19.5%),<sup>9,15,17,23</sup> and dislocation rate (0.7%-6.6% vs. 0%-12%).<sup>9,10,13,19</sup> However, heterogeneity across studies should be considered, such as different indications for revision procedure or the different types of bone defects included in each study. Therefore, a cohort study is necessary to compare the outcomes of cementless primary and revision stems. To our knowledge, the only study to compare outcomes between cementless primary and revision stem procedures was conducted by Wood et al.<sup>26</sup> The authors included 20 patients who underwent revision THA using a cementless primary (N = 10) or revision stem procedure (N = 10), with a mean follow-up of 12 months. The implant failure rate was higher in patients receiving primary stem (10% vs. 0%).<sup>26</sup> However, this study included a mixture of indications for failure,

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including aseptic loosening, PJI, and pseudotumor. The study also had a small sample size and a short follow-up duration. Therefore, we conducted this study to compare the outcome of patients who received a revision THA procedure for aseptic stem loosening with Paprosky type I/II femoral defect using primary and revision stems. Our primary outcomes included surgical complications and implant failure rate.

The secondary outcomes were medical complications, operation time, blood loss, transfusions, length of stay, 30- and 90-day readmission, and patient-reported outcomes. We hypothesized that the use of primary stems might be associated with fewer complications, shorter operation time, and less blood loss, with similar mid-term implant survival rates and patient-reported outcomes, compared with the use of revision stems.

## 2.METHODS

### 2.1.Cohort selection and ethical approval

This was a retrospective cohort study conducted in a single tertiary referral hospital at Taipei, Taiwan. Ethical approval was granted by the institutional review board of our hospital. Informed consent for participation was obtained from all patients and/or their legal guardians. All procedures were conducted in accordance with the Declaration of Helsinki and performed according to relevant guidelines and regulations. Our study period was from January 2010 to May 2019. We obtained medical records and images from the Taipei Veterans General Hospital Orthopedic database. First, we collected the number of revision hip arthroplasty procedures (including total and partial revision) during this period, according to Taiwan's National

Health Insurance procedure codes: PCS-64258B, PCS-64201B. Second, we reviewed patients who underwent surgery for aseptic stem loosening according to the International Classification of Diseases, Tenth Revision, Clinical Modification codes T84.03, T84.030, T84.031, T84.038, or T84.039. We reviewed medical records and images and included patients who fulfilled the following criteria: (1) underwent a revision hip arthroplasty procedure for aseptic stem loosening of primary cementless THA, (2) above 18 years of age, (3) follow-up duration of more than 24 months, (4) bone defect classified as Paprosky type I or II, and (5) revision with either cementless primary or revision stems. We excluded patients who had undergone a revision procedure for (1) revision cup (N = 456) or liner only (N = 71), (2) PJI (N = 100), (3) periprosthetic fracture (N = 89), (4) recurrent dislocation (N = 34), (5) broken stem (N = 7), (6) revision with cemented stem (N = 13), or those with (7) Paprosky type III or IV bone defect (N = 6) (Fig. 1). The reasons to exclude a cemented stem as the first-line treatment option at our institution included bone-cement implantation syndrome during implanting a cemented stem<sup>27</sup> and technical challenges and complications during the rerevision procedure of a well-fixed cemented stem, including massive bone loss, cortical perforation, or fracture.<sup>28,29</sup> Cementless femoral stems were considered first in all revision hip arthroplasty procedures, except for patients with severe osteoporosis. Because of the relatively small sample size (N = 13), we excluded the use of cemented stem from our analysis. Of the 78 patients included in this study, 28 patients had undergone the revision procedure using a cementless primary stem (Fig. 2), while the other 50 patients had a cementless revision stem (Fig. 3). All of the procedures were performed by fellowship-trained orthopedic surgeons. The decision to use a

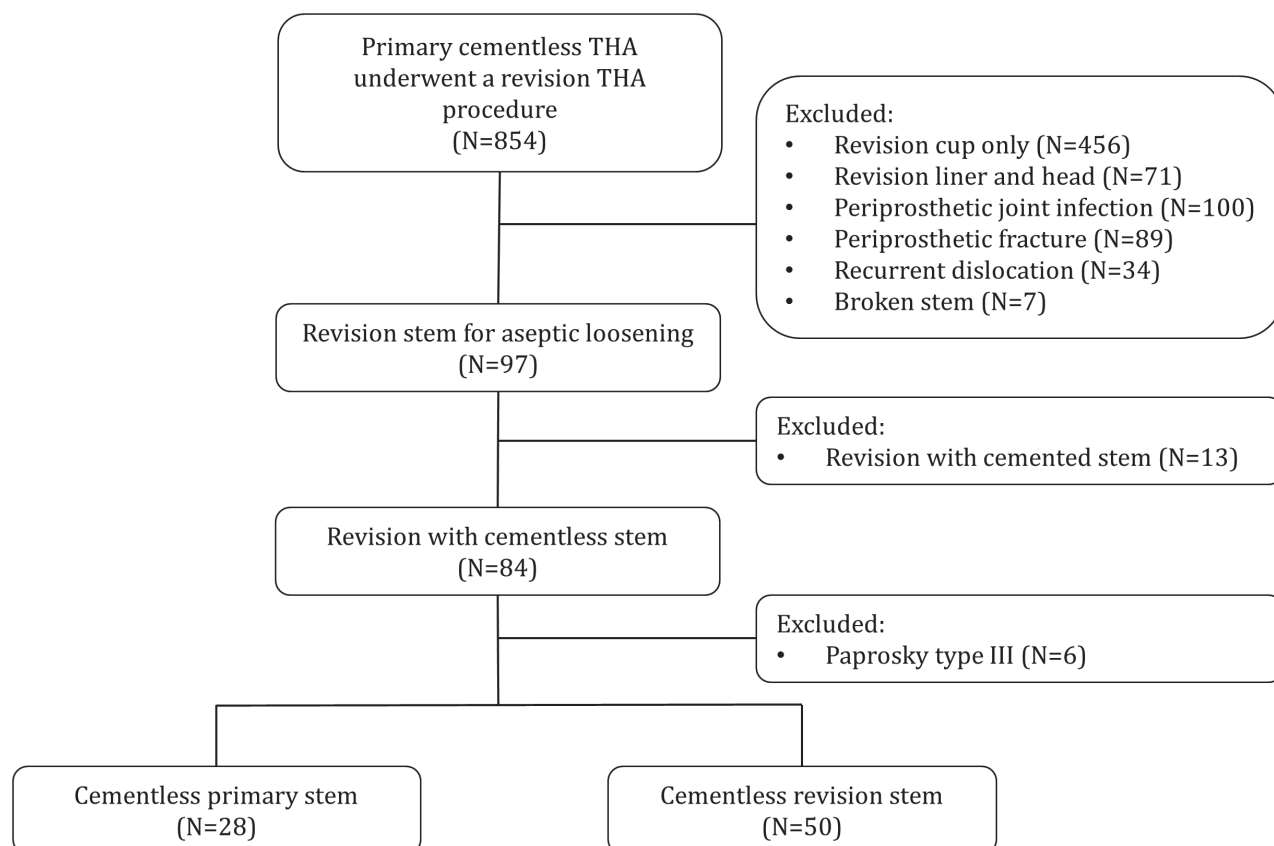
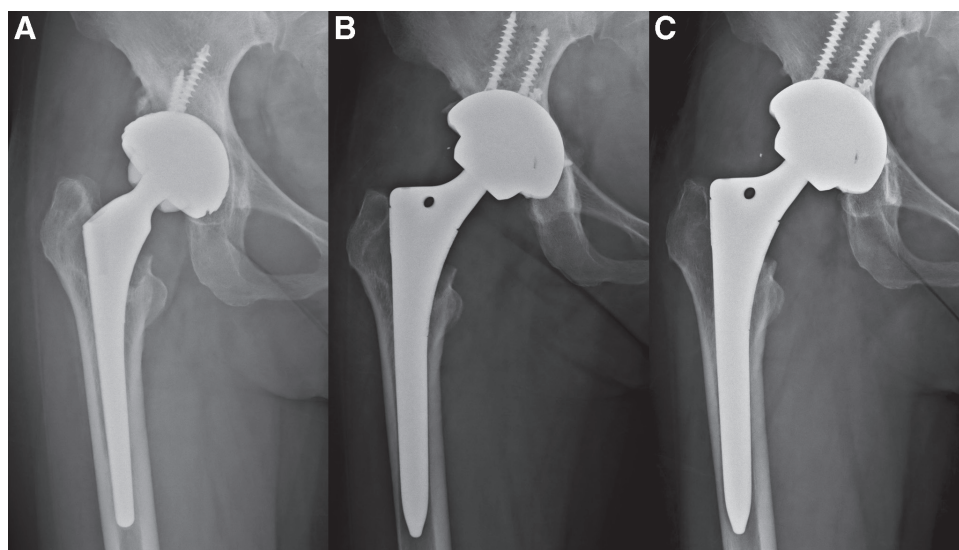


Fig. 1 CONSORT diagram. THA = total hip arthroplasty.



**Fig. 2** A 54-year-old female with aseptic stem loosening, Paprosky type II. A, Preoperative radiograph; (B) revision total hip arthroplasty procedure using primary, metaphyseal coated stem, immediate postoperative radiograph; (C) postoperative 24-mo radiograph.

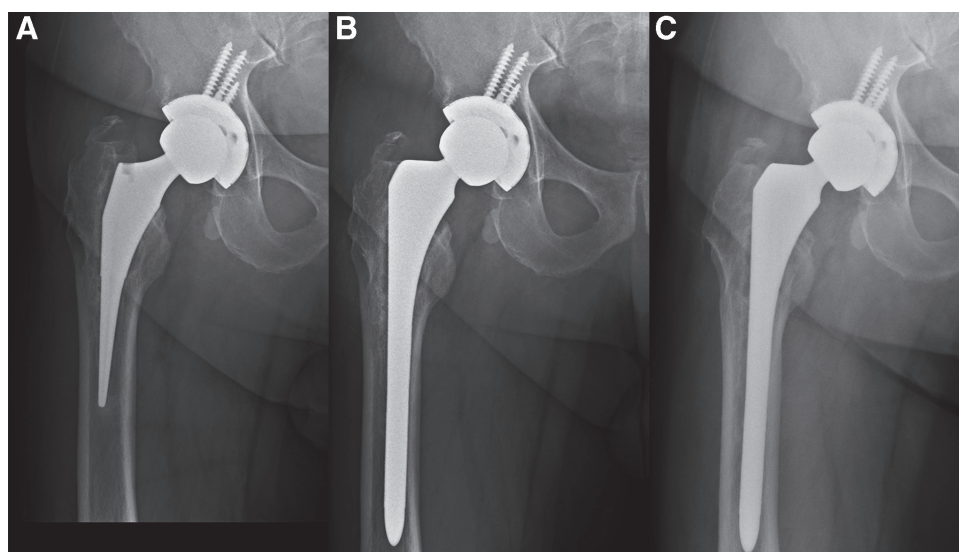
primary or revision stem was made based on the surgeon's preference. The primary stems used were Versys (Zimmer Biomet, Warsaw, IN, USA), M/L taper (Zimmer Biomet, Warsaw, IN, USA), U2 (United Orthopedic Corp., New Taipei City, Taiwan), and Secur-fit (Stryker Orthopedics, Mahwah, IN, USA). For revision stems, we included U2 revision (United Orthopedic Corp., New Taipei City, Taiwan), Restoration HA (Stryker Orthopedics, Mahwah, IN, USA), AML (Depuy, Warsaw, IN, USA), and Wagner SL (Zimmer Biomet, Warsaw, IN, USA).

## 2.2. Cohort characteristics

We reviewed the medical records of each patient and recorded age, sex, height, weight, body mass index (BMI), American Society of Anesthesiologists (ASA) grade, Charlson Comorbidity Index (CCI), type of revision procedure, surgical approach, Paprosky classification, and follow-up duration. The mean age was  $62.6 \pm 14.1$  years. Twenty-three patients were female (29.5%)

and 55 were male (70.5%). The mean BMI was  $26.9 \pm 4.4$  kg/m<sup>2</sup>. Most of the patients were classified as ASA II (N = 47, 60.3%) or III (N = 23, 29.5%). The distribution of CCI was 0 (N = 13, 16.7%), 1 (N = 15, 19.2%), 2 (N = 15, 19.2%), 3 (N = 9, 11.5%), 4 (N = 11, 14.1%), and 5 or more (N = 15, 19.2%). Thirty-six patients (46.2%) underwent revision procedure for stem only, while the other 42 patients underwent revision THA (53.8%). All patients were classified as having Paprosky type I (N = 67, 85.9%) or II (N = 11, 14.1%) bone defects. The mean follow-up duration after the revision procedure was  $72.3 \pm 34.7$  months (range, 24-132) (Table 1).

All images were examined by two senior authors (S.W.T., F.Y.P.). The diagnosis of aseptic loosening was made based on clinical symptoms; presence of radiolucent lines in three or more Gruen zones and/or stem subsidence greater than 5 mm on plain radiographs<sup>30</sup>; intraoperative findings; and multiple sets of intraoperative cultures. Stem subsidence of greater than 5 mm



**Fig. 3** A 55-year-old male with aseptic stem loosening, Paprosky type II. (A) Preoperative radiograph; (B) revision procedure using extensively coated, diaphyseal filling revision stem, immediate postoperative radiograph; (C) postoperative 24-mo radiograph.

**Table 1**  
**Patient demographics**

|                                    | Overall (N = 78)         | Primary stem (N = 28)    | Revision stem (N = 50)   | p     |
|------------------------------------|--------------------------|--------------------------|--------------------------|-------|
| Age, y                             | 62.6 ± 14.1 (40-93)      | 63.5 ± 13.1 (42-83)      | 62.1 ± 14.8 (40-93)      | 0.690 |
| Sex                                |                          |                          |                          | 0.053 |
| Female                             | 23 (29.5%)               | 12 (42.9%)               | 11 (22%)                 |       |
| Male                               | 55 (70.5%)               | 16 (57.1%)               | 39 (78%)                 |       |
| Height, m                          | 1.61 ± 0.09 (1.40-1.80)  | 1.61 ± 0.09 (1.44-1.80)  | 1.61 ± 0.09 (1.40-1.79)  | 0.961 |
| Weight, kg                         | 70.2 ± 14.2 (47.5-115.1) | 71.4 ± 13.8 (54.0-115.1) | 69.5 ± 14.4 (47.5-111.0) | 0.565 |
| Body mass index, kg/m <sup>2</sup> | 26.9 ± 4.4 (18.2-39.7)   | 27.3 ± 4.1 (18.2-38.5)   | 26.6 ± 4.6 (19.4-36.7)   | 0.494 |
| ASA grade                          |                          |                          |                          | 0.189 |
| 1                                  | 8 (10.3%)                | 5 (17.9%)                | 3 (6.0%)                 |       |
| 2                                  | 47 (60.3%)               | 14 (50.0%)               | 33 (66.0%)               |       |
| 3                                  | 23 (29.5%)               | 9 (32.1%)                | 14 (28.0%)               |       |
| Charlson Comorbidity Index         |                          |                          |                          | 0.534 |
| 0                                  | 13 (16.7%)               | 4 (14.3%)                | 9 (18.0%)                |       |
| 1                                  | 15 (19.2%)               | 7 (25.0%)                | 8 (16.0%)                |       |
| 2                                  | 15 (19.2%)               | 5 (17.9%)                | 10 (20.0%)               |       |
| 3                                  | 9 (11.5%)                | 1 (3.6%)                 | 8 (16.0%)                |       |
| 4                                  | 11 (14.1%)               | 4 (14.3%)                | 7 (14.0%)                |       |
| 5+                                 | 15 (19.2%)               | 7 (25.0%)                | 8 (16.0%)                |       |
| Revision procedure                 |                          |                          |                          | 0.054 |
| Revision stem only                 | 36 (46.2%)               | 17 (60.7%)               | 19 (38.0%)               |       |
| Revision THA                       | 42 (53.8%)               | 11 (39.3%)               | 31 (62.0%)               |       |
| Surgical approach                  |                          |                          |                          | 0.818 |
| Lateral transgluteal               | 63 (80.8%)               | 23 (82.1%)               | 40 (80.0%)               |       |
| Posterolateral                     | 15 (19.2%)               | 5 (17.9%)                | 10 (20.0%)               |       |
| Paprosky classification            |                          |                          |                          | 0.186 |
| I                                  | 67 (85.9%)               | 26 (92.9%)               | 41 (82.0%)               |       |
| II                                 | 11 (14.1%)               | 2 (7.1%)                 | 9 (18.0%)                |       |
| Follow-up duration, mo             | 72.3 ± 34.7 (24-132)     | 75.1 ± 36.6 (24-132)     | 70.7 ± 33.8 (24-129)     | 0.589 |

ASA = American Society of Anesthesiologists; THA = total hip arthroplasty.

on serial plain radiographs was considered clinically relevant.<sup>31</sup> Paprosky classification<sup>32</sup> was used to evaluate proximal femoral bone defects. During the perioperative period, we recorded operation time, intraoperative blood loss, preoperative and postoperative hemoglobin level, estimated blood loss, transfusion rate and amount, length of stay, and 30- and 90-day readmission. After surgery, clinical condition and plain films were evaluated monthly during the first 3 months, then in 3-month intervals for the first year, and annually thereafter. We evaluated the functional outcome of all patients using the Harris hip score (HHS)<sup>33</sup> at the last follow-up visit. We recorded both surgical and medication complications, the number of patients having complications, the reoperation rate, and the implant failure rate. Common surgical complications included surgical site infection, PJI, intraoperative femur fracture, greater trochanter fracture, periprosthetic femur fracture, stem subsidence, aseptic stem loosening, dislocation, and nerve injury. A stem subsidence of more than 5 mm was considered as having clinical relevance.<sup>34</sup> Common medical complications included acute coronary syndrome, congestive heart failure, acute kidney injury, deep vein thrombosis, pulmonary embolism, cerebrovascular disease, urinary tract infection, pneumonia, and gastrointestinal bleeding.

### 2.3. Statistical analysis

Statistical analyses were performed using SPSS version 22 (IBM Corp., Armonk, NY, USA). Descriptive statistics were generated for all available data. The Student's *t* test was used to compare continuous variables. The chi-square test was used to compare discrete variables. When one or more of the cells in the contingency table had an expected frequency of less than 5, we performed Fisher's exact test. Time-dependent analyses for implant failure were performed using Kaplan-Meier analysis, and

differences between group curves were analyzed using the log-rank test. Statistical significance was defined as *p*-value <0.05.

## 3. RESULTS

### 3.1. Baseline demographics

In this study, 28 patients (35.9%) were surgically treated with revision procedure using primary stem and 50 (64.1%) with revision stem. The age, sex, height, weight, BMI, ASA grade, CCI, index procedure, surgical approach, Paprosky classification, and follow-up duration after surgery did not differ between the two groups (Table 1).

### 3.2. Surgical outcomes

The mean operation time was 168.5 ± 87.2 (range, 55-720) minutes. Mean intraoperative blood loss was 1035 ± 654 (range, 150-3300) mL. The mean preoperative and postoperative hemoglobin levels were 13.1 ± 1.7 (range, 8.6-16.9) and 10.8 ± 1.4 (range, 7.8-14.2) g/dL, respectively. Mean estimated blood loss, calculated using the Gross and Nadler formula,<sup>35,36</sup> was 1422 ± 689 (range, 70-3690) mL. The transfusion rate was 73.1% (N = 57). The mean transfusion amount of pack red blood cells was 4 ± 2.2 (range, 2-10) units. The mean hospital length of stay was 7.4 ± 2.9 (range, 4-18) days. The 30-day readmission rate was 5.1% (N = 4). The reasons for 30-day readmission included dislocation (N = 2), gastrointestinal bleeding (N = 1), and heart failure (N = 1). The 90-day readmission rate was 7.7% (N = 6). The reasons for 90-day readmission included dislocation (N = 3), gastrointestinal bleeding (N = 1), heart failure (N = 1), and deep vein thrombosis in the left leg (N = 1). The mean HHS at the last follow-up visit was 84.6 ± 17.6 (range, 41.8-100).

**Table 2**  
Surgical outcomes in both intervention groups

|                                      | Overall (N = 78)       | Primary stem (N = 28)  | Revision stem (N = 50) | p      |
|--------------------------------------|------------------------|------------------------|------------------------|--------|
| Operation time, min                  | 168.5 ± 87.2 (55-720)  | 126.4 ± 46.3 (55-220)  | 192.1 ± 95.9 (90-720)  | 0.001  |
| Intraoperative blood loss, mL        | 1035 ± 654 (150-3300)  | 700 ± 491 (150-2300)   | 1223 ± 663 (150-3300)  | <0.001 |
| Preoperative hemoglobin level, g/dL  | 13.1 ± 1.7 (8.6-16.9)  | 13.0 ± 1.7 (8.6-16.9)  | 13.1 ± 1.6 (9.4-16.6)  | 0.825  |
| Postoperative hemoglobin level, g/dL | 10.8 ± 1.4 (7.8-14.2)  | 11.1 ± 1.5 (7.9-14.2)  | 10.6 ± 1.4 (7.8-13.7)  | 0.137  |
| Estimated blood loss, mL             | 1422 ± 689 (70-3690)   | 1003 ± 456 (70-1790)   | 1657 ± 690 (260-3690)  | <0.001 |
| Transfusion rate (%)                 | 57 (73.1)              | 14 (50.0)              | 43 (86.0)              | 0.001  |
| Transfusion amount, unit             | 4.0 ± 2.2 (2-10)       | 3.1 ± 1.6 (2-6)        | 4.3 ± 2.4 (2-10)       | 0.098  |
| Length of stay, d                    | 7.4 ± 2.9 (4-18)       | 7.2 ± 3.7 (4-18)       | 7.5 ± 2.3 (4-14)       | 0.656  |
| 30-d readmission (%) <sup>a</sup>    | 4 (5.1)                | 0 (0)                  | 4 (8.0)                | 0.291  |
| 90-d readmission (%) <sup>b</sup>    | 6 (7.7)                | 1 (3.6)                | 5 (10.0)               | 0.411  |
| HHS at the last follow-up            | 84.6 ± 17.6 (41.8-100) | 83.9 ± 17.8 (47.3-100) | 85.0 ± 17.7 (41.8-100) | 0.816  |

HHS = Harris hip score.

<sup>a</sup>30-day readmission: dislocation (N = 2), gastrointestinal bleeding (N = 1), congestive heart failure (N = 1).

<sup>b</sup>90-day readmission: dislocation (N = 3, 1 in primary stem group), gastrointestinal bleeding and pneumonia (N = 1, same patient, two events) (N = 1), congestive heart failure (N = 1), deep vein thrombosis (N = 1).

**Table 3**  
Surgical complications, reoperations, implant failures, and in-hospital medical complications.

|  | Overall (N = 78) | Primary stem (N = 28) | Revision stem (N = 50) | p     |
|--|------------------|-----------------------|------------------------|-------|
| Surgical complications (%)                       |                  |                       |                        |       |
| Surgical site infection                          | 10 (12.8)        | 1 (3.6)               | 9 (18.0)               | 0.086 |
| Periprosthetic joint infection                   | 5 (6.4)          | 2 (7.1)               | 3 (6.0)                | 1.000 |
| Intraoperative femur fracture                    | 16 (20.5)        | 2 (7.1)               | 14 (28.0)              | 0.029 |
| Greater trochanter fracture                      | 8 (10.3)         | 0                     | 8 (16.0)               | 0.045 |
| Periprosthetic femur fracture                    | 2 (2.6)          | 0                     | 2 (4.0)                | 0.534 |
| Stem subsidence                                  | 6 (7.7)          | 2 (7.1)               | 4 (8.0)                | 1.000 |
| Aseptic stem loosening                           | 1 (1.3)          | 0                     | 1 (2.0)                | 1.000 |
| Dislocation                                      | 7 (9.0)          | 2 (7.1)               | 5 (10.0)               | 1.000 |
| Nerve injury                                     | 00               | 0                     | 0                      | -     |
| Number of patients having surgical complications | 39 (50.0)        | 9 (32.1)              | 30 (60.0)              | 0.018 |
| Reoperation (%) <sup>a</sup>                     | 9 (11.5)         | 2 (7.1)               | 7 (14.0)               | 0.477 |
| Implant failure (%) <sup>b</sup>                 | 4 (5.1)          | 1 (3.6)               | 3 (6.0)                | 1.000 |

<sup>a</sup>Reoperation: periprosthetic joint infection (N = 5, 2 in the primary stem group), periprosthetic femur fracture (N = 2), dislocation (N = 1), stem aseptic loosening (N = 1).

<sup>b</sup>Implant failure: periprosthetic joint infection (N = 3, 1 in the primary stem group), stem aseptic loosening (N = 1).

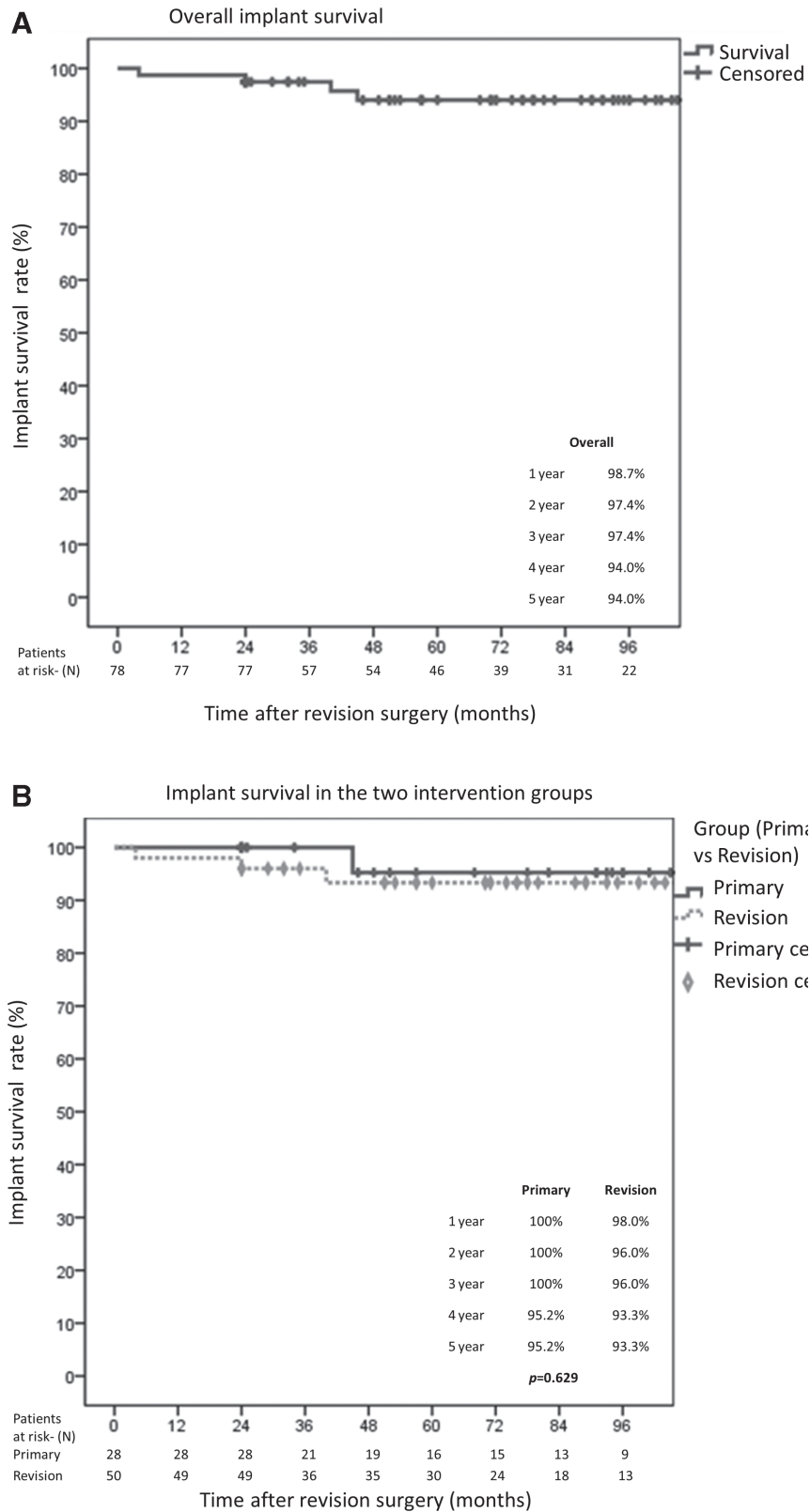
The revision stem group was associated with longer operation time (192.1 ± 95.9 vs. 126.4 ± 46.3 minutes,  $p = 0.001$ ), more intraoperative blood loss (1,223 ± 663 vs. 700 ± 491 mL,  $p < 0.001$ ), more estimated blood loss (1,657 ± 690 vs. 1,003 ± 456 mL,  $p < 0.001$ ), and a higher transfusion rate (86.0% vs. 50.0%,  $p = 0.001$ ) compared with the primary stem group. The preoperative and postoperative hemoglobin levels, transfusion amount, length of stay, 30- and 90-day readmission rate, and HHS at the last follow-up did not differ between the two groups (Table 2).

### 3.3. Complications and implant failure

Thirty-nine patients (50.0%) had complications. Common surgical complications included intraoperative femur fracture (N = 16, 20.5%), surgical site infection (N = 10, 12.8%), greater trochanter fracture (N = 8, 10.3%), dislocation (N = 7, 9.0%), stem subsidence (N = 6, 7.7%), PJI (N = 5, 6.4%), periprosthetic fracture (N = 2, 2.6%), and aseptic stem loosening (N = 1, 1.3%). The nine (11.5%) reoperation procedures included two-stage exchange arthroplasty (N = 3) and debridement (N = 2) for PJI, fracture fixation for periprosthetic femur fracture (N = 2), open reduction for dislocation (N = 1), and stem revision for aseptic stem loosening (N = 1). There were four (5.1%) implant failure events, including PJI treated with two-stage

exchange arthroplasty (N = 3) and aseptic stem loosening treated with stem revision (N = 1).

The revision group was associated with higher rates of intraoperative fracture (28.0% vs. 7.1%,  $p = 0.029$ ), greater trochanter fracture (16.0% vs. 0%,  $p = 0.045$ ), and patient complications (60.0% vs. 32.1%,  $p = 0.018$ ), compared with the primary stem group. The revision stem group also showed a trend toward a higher rate of surgical site infection, compared to the primary stem group (18.0% vs. 3.6%,  $p = 0.086$ ). None of the patients had nerve injury. The rates of reoperation and implant failure also did not differ between the two groups (Table 3). The overall implant survival rates were 97.4% (95% confidence interval [CI], 93.8%-100%) and 94.0% (95% CI, 88.2%-99.8%) at postoperative years 2 and 5, respectively. (Fig. 4A). In the primary stem group, the implant survival rate at postoperative years 2 and 5 were 100% (95% CI, 100%-100%) and 95.2% (95% CI, 86%-100%), respectively. In the revision stem group, the implant survival rate at postoperative years 2 and 5 were 96.0% (95% CI, 90.4%-100%) and 93.3% (95% CI, 85.7%-100%), respectively. The implant survival rates were comparable between the two groups (log-rank test,  $p = 0.629$ ) (Fig. 4B). There were two instances of in-hospital medical complications, including acute kidney injury (N = 1) and deep vein thrombosis (N = 1). The overall rate was 2.6%. The rate was similar in the two groups (Table 4).



**Fig. 4** Survival curves obtained using Kaplan-Meier analysis. A, Overall implant survival rate: 97.4% (95% confidence Interval [CI], 93.8%-100%) and 94.0% (95% CI, 88.2%-99.8%) at postoperative years 2 and 5, respectively. (B) Implant survival rate (primary stem): 100% and 95.2% (95% CI, 86%-100%) at postoperative years 2 and 5, respectively. Implant survival rate (revision stem): 96.0% (95% CI, 90.4%-100%) and 93.3% (95% CI, 85.7%-100%) at postoperative years 2 and 5, respectively.

**Table 4**  
In-hospital medical complications

|   | Overall<br>(N = 78) | Primary stem<br>(N = 28) | Revision stem<br>(N = 50) | p     |
|---|---------------------|--------------------------|---------------------------|-------|
| Medical complications (%)               |                     |                          |                           |       |
| Acute coronary syndrome                 | 0                   | 0                        | 0                         | —     |
| Congestive heart failure                | 0                   | 0                        | 0                         | —     |
| Acute kidney injury                     | 1 (1.3)             | 0                        | 1 (2.0)                   | 1.000 |
| Deep vein thrombosis                    | 1 (1.3)             | 1 (3.6)                  | 0                         | 0.359 |
| Pulmonary embolism                      | 0                   | 0                        | 0                         | —     |
| Cerebrovascular disease                 | 0                   | 0                        | 0                         | —     |
| Urinary tract infection                 | 0                   | 0                        | 0                         | —     |
| Pneumonia                               | 0                   | 0                        | 0                         | —     |
| Gastrointestinal bleeding               | 0                   | 0                        | 0                         | —     |
| Number of patients having complications | 2 (2.6)             | 1 (3.6)                  | 1 (2.0)                   | 1.000 |

#### 4. DISCUSSION

In this study, we validated that during the revision hip arthroplasty procedure for aseptic stem loosening with Paprosky type I/II femoral defect, the use of a primary stem can lead to a similar, satisfactory mid-term implant survival rate and a lower incidence of overall surgical complications, intraoperative femur fractures, and greater trochanter fractures, compared with the use of revision stem.

In our study, the overall incidence of patient complications was higher in the revision stem group than in the primary stem group (60.0% vs. 32.1%,  $p = 0.018$ ). Notably, the incidence of intraoperative femur fracture (28.0% vs. 7.1%,  $p = 0.029$ ) and greater trochanter fracture (16.0% vs. 0%,  $p = 0.045$ ) were also higher. The use of a cementless long stem with a large diameter during a revision hip procedure has been validated as having a higher risk of intraoperative fracture.<sup>37,38</sup> Moreover, the increased magnitude of sagittal and coronal femoral bowing in the Asian population may further increase the risk of breach over the distal cortex in this population.<sup>39,40</sup> The reported incidence of intraoperative fracture or greater trochanter fracture varies.<sup>9,10,12,14,15,17,25</sup> However, using revision stem rather than primary stem tends to result in a higher rate of intraoperative fracture (0%-64% vs. 0.7%-20.2%)<sup>9,12,14,25</sup> or greater trochanter fracture (6%-19.5% vs. 3.3%)<sup>10,15,17</sup> Using additional fixation procedures for a greater trochanter or femur fracture may lead to longer operation time, which might increase the risk of short-term complications, including surgical site infection.<sup>41,42</sup>

In our study, the revision group tended to have a higher rate of surgical site infection than the primary group (18.0% vs. 3.6%,  $p = 0.086$ ). Notably, none of these patients developed PJI or underwent reoperation. In our study, PJI was the most common reason for both reoperation (N = 5 of 9, 55.6%) and implant failure (N = 3 of 4, 75.0%). The PJI rate was similar in the primary (7.1%) and revision stem (6.0%) groups; these rates were comparable with reported PJI rates associated with the use of primary (0.7%-10%)<sup>9,11,12,26</sup> or revision stem (0%-14%).<sup>14,17,18,21</sup>

In our study, the mid-term implant survival rates of both the primary and revision stem groups were satisfactory. The 5-year implant survival rates of the primary and revision stem group were 95.2% and 93.3%, respectively, rates similar to those of other studies.<sup>9,11,12,14,16,21</sup> The mid-term survival rates of using primary and revision stem in revision THA procedure ranged 95% to 100%<sup>9,11,12</sup> and 86% to 94%,<sup>14,16,21</sup> respectively. The leading causes of failure following a revision THA procedure included aseptic loosening, instability, and PJI.<sup>43,44</sup> In our study, we observed reliable osteointegration with low rates of aseptic stem loosening in both the primary (0%) and revision (N = 1, 2.0%) stem groups, rates similar to those of other studies

that reported mid-term results following revision THA with primary stem (0%-5.2%)<sup>9,11</sup> and revision stem (0%-5%)<sup>15,16,19</sup> In addition, the incidence of stem subsidence in the primary (7.1%) and revision stem groups (8.0%) was similar to that reported in other studies (0%-19.5%).<sup>9,15,17,23</sup> Before implanting a cementless primary stem, the femoral canal should be carefully prepared to avoid subsequent stem subsidence or loosening. We removed the loosened stem, performed adequate intraoperative debridement of the soft tissue membrane, and drilled through the distal pedestal, if present. A rasp and burr were used to remove and refresh the sclerotic host bone until punctate bleeding was observed. After serial broaching and/or reaming, we determined an appropriate stem size to achieve maximal metaphyseal fill. If the cavitory defect of the metaphysis was inadequately filled, a morselized allograft was then used to achieve an optimal filling-effect and to provide additional primary stability. Of the 84 patients who had the first-time revision for aseptic stem loosening, 78 (92.9%) had small bone defects (Paprosky type I or II) (Fig. 1). As a result, we hypothesized and validated a potential role for a cementless primary stem during the revision THA procedure. The potential advantages of using cementless primary stem included preservation of the diaphyseal bone stock and less stress-shielding effect compared with the longer, extensively coated revision stem, in which the long-term incidence of stress-shielding around a revision stem can be up to 30%.<sup>20,25,45</sup> A cohort study with long-term follow-up is necessary to further validate these benefits.

There are some limitations of this study. First, the retrospective design of this study could have led to potential biases, including (1) surgeries performed by multiple surgeons; (2) decision to use primary or revision stem based on surgeon's preference; (3) mixed use of primary and revision implant brands; and (4) not a prospective, randomized design. Second, we did not routinely check bone mineral density on every patient, although osteoporosis may impact the rate of complications such as intraoperative femur fractures.<sup>38</sup> Although we did not record osteoporotic fracture (e.g., femoral neck fracture) in our older patients, the age in our cohort ranged from 40 to 93 years. Osteoporosis in some of our patients should be considered an important confounding factor. Third, based on the limited number of subjects in this study, it may be underpowered to detect differences in events with a lower incidence, such as medical complications.

In conclusion, for patients who underwent a revision hip arthroplasty procedure for aseptic stem loosening with Paprosky type I/II femoral defect, cementless primary stem may be a better alternative than revision stem, with a lower risk of overall surgical complications or intraoperative fracture and a similar, satisfactory mid-term implant survival rate.

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