

Using machine learning to identify key subject categories predicting the pre-clerkship and clerkship performance: 8-year cohort study

Shiau-Shian Huang^{a,b}, Yu-Fan Lin^a, Anna YuQing Huang^c, Ji-Yang Lin^c, Ying-Ying Yang^{a,b,*}, Sheng-Min Lin^a, Wen-Yu Lin^a, Pin-Hsiang Huang^a, Tzu-Yao Chen^c, Stephen J. H. Yang^{c,*}, Jiing-Feng Lirng^{a,b}, Chen-Huan Chen^{a,b}

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^aDepartment of Medical Education, Clinical Innovation Center, Taipei Veterans General Hospital, Taipei, Taiwan, ROC; ^bDepartment of Medicine, College of Medicine, National Yang Ming Chiao Tung University, Taipei, Taiwan, ROC; ^cDepartment of Computer Science and Information Engineering, National Central University, Taoyuan, Taiwan, ROC

Abstract

Background: Medical students need to build a solid foundation of knowledge to become physicians. Clerkship is often considered the first transition point, and clerkship performance is essential for their development. We hope to identify subjects that could predict the clerkship performance, thus helping medical students learn more efficiently to achieve high clerkship performance. **Methods:** This cohort study collected background and academic data from medical students who graduated between 2011 and 2019. Prediction models were developed by machine learning techniques to identify the affecting features in predicting the pre-clerkship performance and clerkship performance. Following serial processes of data collection, data preprocessing before machine learning, and techniques and performance of machine learning, different machine learning models were trained and validated using the 10-fold cross-validation method.

Results: Thirteen subjects from the pre-med stage and 10 subjects from the basic medical science stage with an area under the ROC curve (AUC) >0.7 for either pre-clerkship performance or clerkship performance were found. In each subject category, medical humanities and sociology in social science, chemistry, and physician scientist-related training in basic science, and pharmacology, immunology-microbiology, and histology in basic medical science have predictive abilities for clerkship performance above the top tertile. Using a machine learning technique based on random forest, the prediction model predicted clerkship performance with 95% accuracy and 88% AUC.

Conclusion: Clerkship performance was predicted by selected subjects or combination of different subject categories in the premed and basic medical science stages. The demonstrated predictive ability of subjects or categories in the medical program may facilitate students' understanding of how these subjects or categories of the medical program relate to their performance in the clerkship to enhance their preparedness for the clerkship.

Keywords: Area under the ROC curve; Cohort study; Machine learning; Medical students; Random forest

1. INTRODUCTION

To become physicians, medical students must undergo a maturation process that is long and complicated; over this course, the pathway is paved with grit.^{1,2} A broad knowledge base in premed, basic medical science, and clinical medicine is necessary for the ideal doctor to provide effective patient care.^{3–5} To build

* Address correspondence. Prof. Ying-Ying Yang, Department of Medical Education, Taipei Veterans General Hospital, 201, Section 2, Shi-Pai Road, Taipei 112, Taiwan, ROC. E-mail address: yangyy@vghtpe.gov.tw (Y.-Y. Yang); Prof. Stephen J. H. Yang, Department of Computer Science and Information Engineering, National, Central University, 300, Zhongda Road, Taoyuan 320, Taiwan, ROC. E-mail address: jhyang@csie.ncu.edu.tw (S. J. -H. Yang). Conflicts of interest: The authors declare that they have no conflicts of interest related to the subject matter or materials discussed in this article.

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a solid foundation, junior doctors should sequentially complete courses on medical humanities and basic medical science before entering their clerkships.^{6,7} In addition, the practice of clinical medicine requires a strong understanding of basic medical science, such as the pathophysiology of disease, thereby distinguishing physicians from other healthcare professionals.⁸ As clerkship is often considered the first transition point in medical education, clerkship performance is essential for their development.⁹ In this context, medical training curricula should aim to facilitate students' learning, thus equipping future physicians for a smooth entry into clerkship.¹⁰

However, a previous survey showed that medical clerks were unclear about which subjects in the pre-med and basic medical science stages students needed to master to achieve high clerkship performance.¹¹ Similarly, medical educators have found it challenging to determine which subjects should be included in pre-clerkship training to ensure a smooth transition into clerkship.¹² In this context, subjects that could predict the clerkship performance are important for medical students to learn more efficiently to relieve their workload during an academic year.¹³

609

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Huang et al.

For medical students, clerkship performance appears to be related to academic performance at different stages.¹⁴ While previous study has identified predictive factors based on summative academic performance scores, few have explored the implications of individual subjects across medical programs.^{14,15} Still, there is insufficient evidence on whether and how clerkship performance can be predicted based on subjects that are taught during pre-med and basic medical science.¹⁵ As mentioned above, the relationships between different subjects, student performance, and the roles of those subjects in the maturation process experienced by medical students may have important implications for ensuring high clerkship performance. In this study, we set the following aims:

- 1. We wanted to identify whether the individual subject would affect medical student's pre-clerkship performance and clerkship performance.
- We also wanted to explore the predictive ability of combining different sets of significant subjects in predicting the preclerkship performance and clerkship performance.

2. METHODS

2.1. Study design and data collection

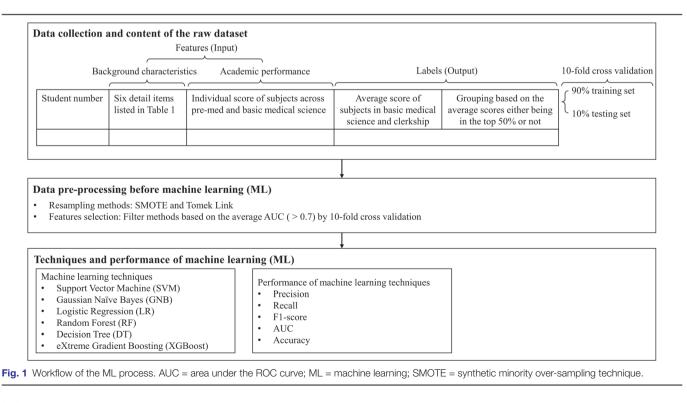
This cohort study was conducted at the National Yang Ming Chiao Tung University and its formal teaching hospital, Taipei Veteran General Hospital. Data for this study were collected from the database of the institution. The dataset included records of 1162 medical students graduated from 2011 to 2019, and each contained their background characteristics, including age of graduation, gender, admission by examination, experience of failing a subject, experience of a suspension, and experience of failing the entrance exam to the medical school. Each dataset also included students' academic performance from the pre-med stage to clinical clerkship. We collected students' background characteristics and the individual score of all subjects (number of subjects = 21) in the pre-med stage, divided into two categories of the social science and basic science, and all subjects (number of subjects = 10) in the basic medical science stage, which belonged to the basic medical science category, as features for the machine learning. The workflow of machine learning consisted of three phases, including data collection, data preprocessing before machine learning, and techniques and performance of machine learning (Fig. 1).

2.2. Data preprocessing and content of the raw dataset

We used these features to predict two labels, including the average score of subjects in the basic medical science stage (preclerkship performance) and clinical clerkship stage (clerkship performance) by models based on different machine learning techniques. The pre-clerkship performance was predicted by selected subjects in the pre-med stage. On the other hand, the clerkship performance was predicted by combination of different grouped selected subjects (subjects in the pre-med stage, the basic medical science stage, and both the pre-med and basic medical science stages). Each label was divided into two groups according to its percentile score. Students who performed in the upper 50th percentile on the average score belonged to the highperformance group, and the other students belonged to the lowperformance group. In a previous study, resampling was applied to enhance prediction model performance using imbalanced data from medical students.16 Because our collected data may have an imbalanced distribution, with most medical students distributed in the high-performance range, the data preprocessing focused on resampling methods and features selection to improve the performance of prediction models. Resampling methods of synthetic minority over-sampling technique (SMOTE) and Tomek link were used to address the inaccuracy generated by potential imbalanced data problems.17,18

2.3. Features selection based on the average AUC by 10-fold cross-validation

Each feature was used to predict two labels by prediction models based on different machine learning techniques. Because the average area under the ROC curve (AUC) was commonly used



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Original Article. (2024) 87:6

to assess model efficacy, filter methods were applied to reduce the number of features by a single variable classifier based on the AUC value.¹⁹ The features with an AUC >0.70 for either preclerkship performance or clerkship performance were selected. The selected features from the pre-med and basic medical science stages were combined using 10-fold cross-validation to generate new AUC values and enhance the performance of prediction models. The 10-fold cross-validation method was used to improve the estimated performance of the machine learning model. The dataset was divided into 90% training and 10% testing sets to optimally select features and calculate the performance of prediction models. The average AUC for each feature was calculated by 10 runs of the 10-fold cross-validation, where the classifier was performed on 90% of the data (training set), and the AUC was calculated on the remaining 10% of the data (testing set) in each run.

2.4. Techniques and performance of machine learning for prediction models and statistical analysis

During the techniques and performance of machine learning, we applied multiple machine learning techniques that included support vector machine (SVM), Gaussian Naïve Bayes (GNB), logistic regression (LR), random forest (RF), decision tree (DT), and eXtreme Gradient Boosting (XGBoost). Five metrics, including accuracy, precision, recall, the F1-measure, and the AUC were calculated by the 10-fold cross-validation method to measure the performance of prediction models based on different machine learning techniques. We plan to examine the performance of prediction models by selecting sets of relevant subjects in the pre-med stage to predict pre-clerkship performance and selecting sets of relevant subjects in the pre-med stage and basic medical science stage to predict clerkship performance, respectively. The machine learning models were developed by Scikit-learn version 1.0.2 with Python 9.1 in Visual Studio Code version 1.66.0 for Windows.

3. RESULTS

3.1. Background characteristics of medical students

The study included 1162 medical students who graduated from 2011 to 2019. The mean age of the graduating medical students was 26 years, and 63% of them were men (Table 1). Approximately one-fifth of the students had the experience of failing a subject (21%), as well as the entrance exam to the medical school (23%). Few students had experience of a suspension (3%).

3.2. Selected significant subjects with AUC >0.7 in the pre-med and basic medical science stage

After data preprocessing, features with an AUC >0.7 were selected from the initial dataset to construct the prediction models. For background characteristics, there were no features with AUC >0.7. For academic performance, 13 subjects were selected from the initial 21 subjects in the pre-med stage, and 10 subjects were selected from the initial 10 subjects in the basic medical science stage with AUC >0.7 (Table 2). Among the selected subjects, those with an AUC value over the top ter-tile within each subject category were identified as the selected significant subjects. For pre-clerkship performance, five selected significant subjects were identified from 13 selected subjects, which were chosen from the initial 21 subjects in the pre-med stage. These subjects included medical humanities (0.748), language (0.737), and economics (0.736) in the social science category of the pre-med stage, as well as chemistry (0.885) and

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Table 1

Background characteristics of medical students

Background characteristics	All students (N = 1162)	
	Mean \pm SD	
Age of graduation	25.93 ± 2.42	
	No. (%)	
Gender		
Male	734 (63)	
Female	428 (37)	
Admission by examination ^a		
Yes	586 (50)	
Experience of failing a subject ^b		
Yes	245 (21)	
Experience of a suspension		
Yes	37 (3)	
Experience of failing the entrance exam to the medical school ^c		
Yes	270 (23)	

In Taiwan, the admission processes for most medical schools are the national entrance examination or interview admission processes by applications.

^bThe experience of failing a subject was defined as failure in at least one course before the clinical clerkship.

^cThe experience of failing the entrance exam to the medical school was defined as experience of either a re-examination or a re-application to the medical school.

Table 2

Predictive ability of selected subjects for pre-clerkship performance and clerkship performance

lected subjects in different AUC for predicting pre- tegories and stages clerkship performance		AUC for predicting clerkship performance		
Pre-med (N = 13)				
Social science category				
Medical humanities	0.748	0.719		
Medical sociology	0.735	0.711		
Music-art-drama	0.715	0.669		
Cultural anthropology	0.707	0.672		
Language	0.737	0.686		
Economics	0.736	0.686		
Law course	0.690	0.678		
Literature	0.731	0.682		
Basic science category				
Chemistry	0.885	0.793		
Physics	0.774	0.736		
Calculus	0.762	0.702		
Mathematics	0.735	0.702		
Physician scientist-related	0.884	0.865		
training				
Basic medical science ($N = 10$)				
Basic medical science				
category				
Pharmacology		0.922		
Immunology-microbiology		0.915		
Histology		0.904		
Pathology		0.891		
Embryology		0.880		
Physiology		0.876		
Anatomy		0.863		
Neuroanatomy		0.853		
Parasitology		0.852		
Biochemistry		0.841		

 $\ensuremath{\mathsf{AUC}}\xspace = \ensuremath{\mathsf{area}}\xspace$ under the ROC curve

Table 3

Performance of the machine learning techniques using selected grouped subjects in the pre-med or basic medical science stage to predict pre-clerkship performance or clerkship performance

Machine learning techniques of prediction models	Precision	Recall		Predictive ability	
			F1-score	AUC	Accuracy
Grouped selected subjects in the pre-med stage (subjects = 13)) to predict pre-clerkship pe	erformance			
SVM	0.759	0.804	0.748	0.883	0.785
GNB	0.842	0.825	0.795	0.833	0.840
LR	0.542	0.538	0.489	0.433	0.565
RF	0.788	0.817	0.762	0.775	0.780
DT	0.658	0.692	0.635	0.642	0.670
XGBOOST	0.750	0.792	0.716	0.782	0.730
Grouped selected subjects in the pre-med stage (subjects $= 13$)) to predict clerkship perfor	mance			
SVM	0.739	0.746	0.726	0.803	0.747
GNB	0.774	0.752	0.735	0.838	0.765
LR	0.782	0.784	0.764	0.829	0.785
RF	0.764	0.755	0.741	0.825	0.765
DT	0.718	0.704	0.693	0.704	0.705
XGBOOST	0.778	0.772	0.753	0.815	0.773
Grouped selected subjects in the basic medical science stage (s	subjects $= 10$) to predict cle	erkship performance			
SVM	0.848	0.867	0.853	0.923	0.871
GNB	0.824	0.847	0.828	0.931	0.846
LR	0.767	0.773	0.763	0.851	0.787
RF	0.835	0.854	0.841	0.935	0.860
DT	0.769	0.789	0.774	0.789	0.800
XGBOOST	0.823	0.850	0.831	0.925	0.849
Grouped selected subjects in the pre-med stage (subjects = 13)) and the basic medical sci	ence stage (subjects =	10) to predict clerkship pe	erformance	
SVM	0.764	0.755	0.746	0.711	0.888
GNB	0.852	0.868	0.852	0.848	0.929
LR	0.772	0.787	0.780	0.765	0.838
RF	0.882	0.888	0.887	0.881	0.950
DT	0.872	0.892	0.880	0.863	0.880
XGBOOST	0.872	0.879	0.876	0.865	0.938

Bold values indicate p < 0.05.

AUC = area under the ROC curve; DT = decision tree; GNB = Gaussian Naïve Bayes; LR = logistic regression; RF = random forest; SVM = support vector machine; XGBOOST = eXtreme Gradient Boosting.

physician scientist-related training (0.884) in the basic science category of the pre-med stage. For clerkship performance, seven selected significant subjects were identified from 23 selected subjects, which were chosen from the initial 31 subjects in the pre-med and basic medical science stages. These included medical humanities (0.719) and medical sociology (0.711) in the social science category, physician scientist-related training (0.865) and chemistry (0.793) in the basic science category of the pre-med stage, and pharmacology (0.922), immunology-microbiology (0.915), and histology (0.904) in the basic medical science category (stage).

3.3. Prediction models using grouped selected significant subjects to predict academic performance

To predict students' pre-clerkship performance and clerkship performance, prediction models using different machine learning techniques were created by combining selected subjects (Table 3). The performance of each model was evaluated by five metrics, and the predictive ability of each model was measured by AUC and accuracy.

In predicting pre-clerkship performance, machine learning technique of GNB achieved the highest accuracy (0.840) and AUC (0.833) using combined thirteen selected subjects in the pre-med stage. In addition, other metrics, including precision, recall, and the F1 measure, were the highest compared with other methods.

In predicting clerkship performance, machine learning technique of LR had the highest accuracy (0.785) and highest AUC (0.829) using combined 13 selected subjects in the pre-med stage, while methods of SVM achieved the highest accuracy (0.871) and highest AUC (0.923) using combined 10 selected subjects in the basic medical science stage. Notably, machine learning technique based on RF that combined 13 selected subjects from the pre-med and 10 selected subjects from the basic medical science stages achieved the highest accuracy (0.950) and AUC (0.881). For other metrics, including precision, recall, and F1-measure, the above-mentioned machine learning techniques all had the highest values compared with other methods.

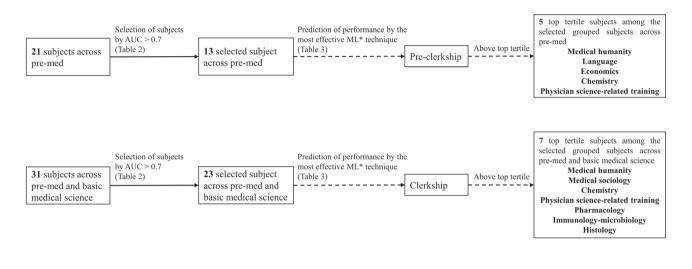
4. DISCUSSION

As shown in Fig. 2, the selected subjects with an AUC >0.7 for either pre-clerkship performance or clerkship performance were found. Using a machine learning technique based on RF, the prediction model predicted clerkship performance with 95% accuracy and 88% AUC after combining thirteen selected subjects from the pre-med stage and 10 subjects selected from the basic medical science stage. In each subject category, medical humanities and sociology in social science, chemistry, and physician scientist-related training in basic science, and pharmacology, immunology-microbiology, and histology in basic medical science have predictive abilities for clerkship performance above the top tertile.

Some of the studies have investigated several predictors of medical students' clerkship performance, including their summative scores such as the grade point average during pre-med and

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Summary of the process of screening grouped subjects for performance prediction



*Techniques for ML included Support Vector machine (SVM), Gaussian Naïve Bayes (GNB), Logistic Regression (LR), Random Forest (RF), Decision Tree (DT), and eXtreme Gradient Boosting (XGBoost)

Fig. 2 Summary for the process of screening grouped subject for performance prediction. AUC = area under the ROC curve

pre-clerkship,14 scores on the medical school entrance exam,20,21 and the United States Medical Licensing Examination.^{20,22} Our findings demonstrated that many individual subjects in the premed and basic medical science stages could also be a significant predictor of clerkship performance. Furthermore, combinations of different sets of subjects in either stage or both stages achieved better predictive ability. We take the individual subjects with the highest predictability from different categories as examples. Medical humanities, a selected significant subject in the social science part of pre-med, helps medical students acquire the habit of humanism, gain familiarity with patient care, and develop resilience to deal with uncertainty during clerkship.^{23,24} In addition, physician scientist-related training mainly included epidemiology and biostatistics in our medical program, which were considered important in previous research for enhancing the practice and appraisal of evidence-based medicine (EBM) in clinical medicine.²⁵ Pharmacology, a selected significant subject in the basic medical sciences, was deemed essential before beginning the clerkship because most specialties deal with common drugs and drug classes.26 Regarding background characteristics, our findings were in line with previous studies, which found that nonacademic factors did not significantly predict academic performance in medical school.21,2

Predictions in academic performance have recently drawn substantial attention in the medical education field, especially due to the potential of machine learning techniques that use advanced learning analytics.^{15,28,29} For different machine learning techniques, natural language processing was the most commonly used machine learning technique to predict medical students' academic performance based on data extracted mostly from clinical notes with 75% positive prediction.^{15,30} A previous study has explored the prediction of national objective structured clinical examinations (OSCEs) during clerkship by machine learning technique of DTs with prediction accuracy of 76.7%.³¹ Our study applied multiple machine learning techniques, such as RF, SVM, and LR with data from score of individual subjects. Regarding the predictive ability of different machine learning techniques, a previous study investigated

veterinary students to identify key subjects in predicting their final semester's performance.³² The results revealed that the prediction model predicted students' performance with 92% accuracy using a machine learning technique of SVM.³² In line with this study, our study showed comparable accuracy (95%) using RF to predict clerkship performance. To the best of our knowledge, we know of no other studies that have demonstrated whether clerkship performance can be predicted based on scores from single or grouped significant subjects during pre-med and basic medical science stages. Previous study reported that medical students were unclear on the knowledge that were necessary for clerkship, adding to student concern regarding the adequacy of their preparedness.9 Therefore, the finding of this study is important for medical students to understand how subjects or categories relate to clerkship performance and may increase their preparedness for the clerkship.

4.1. Future

With the help of machine learning, we evaluated the predictive ability of single or grouped significant subjects during pre-med and basic medical science for clerkship performance. The demonstrated predictive ability of subjects or categories in the medical program may enhance students' preparedness for medical clerkships by facilitating their understanding of how subjects or categories of the medical program relate to their performance in the clerkship.

The data used in this study were obtained from a single medical school and may therefore not represent students at other medical schools in Taiwan. However, given the large sample size (N = 1162) analyzed by machine learning techniques, the results are still generalizable. A further limitation is that the predicted labels didn't include the clinical performance after graduation. To the best of our knowledge, limited studies demonstrated the predictive ability of individual or grouped subjects for the academic performance of medical students. This may have a great impact on the curricular design of the medical program because the importance of different subjects was quantified by the predictive ability.

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Huang et al.

In conclusion, the most significant subjects in the pre-med and basic medical science stages were initially selected by their predictive ability measured with AUC values and further identified by whether their AUC values were above the tertile within each category. In each subject category, medical humanities and sociology in social science, chemistry, and physician scientist-related training in basic science, and pharmacology, immunologymicrobiology, and histology in basic medical science have predictive abilities for clerkship performance above the top tertile. Clerkship performance was also predicted by the combination of different subject categories in the pre-med and basic medical science stages. Based on our findings, the demonstrated predictive ability of subjects or categories in the medical program may enhance students' preparedness for medical clerkships by facilitating their understanding of how these subjects or categories of the medical program relate to their performance in the clerkship.

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