

Number and function of uterine natural killer cells in recurrent miscarriage and implantation failure: a systematic review and meta-analysis

Ee Von Woon ^{1,2,*}, **Orene Greer**¹, **Nishel Shah**¹,
Dimitrios Nikolaou², **Mark Johnson** ¹, and **Victoria Male** ¹

¹Department of Metabolism, Digestion and Reproduction, Institute of Developmental Reproductive and Developmental Biology, Imperial College London, London, UK ²The Fertility Centre, Chelsea and Westminster Hospital, London, UK

Supervisor: Consultant 黃貞瑜 主任

Presenter: R3 曾美齡 醫師 Kathleen Tseng M.D.

Date: 2022/06/28

Table of Contents

Introduction

Uterine natural killer cells (uNK)

Methods

Results

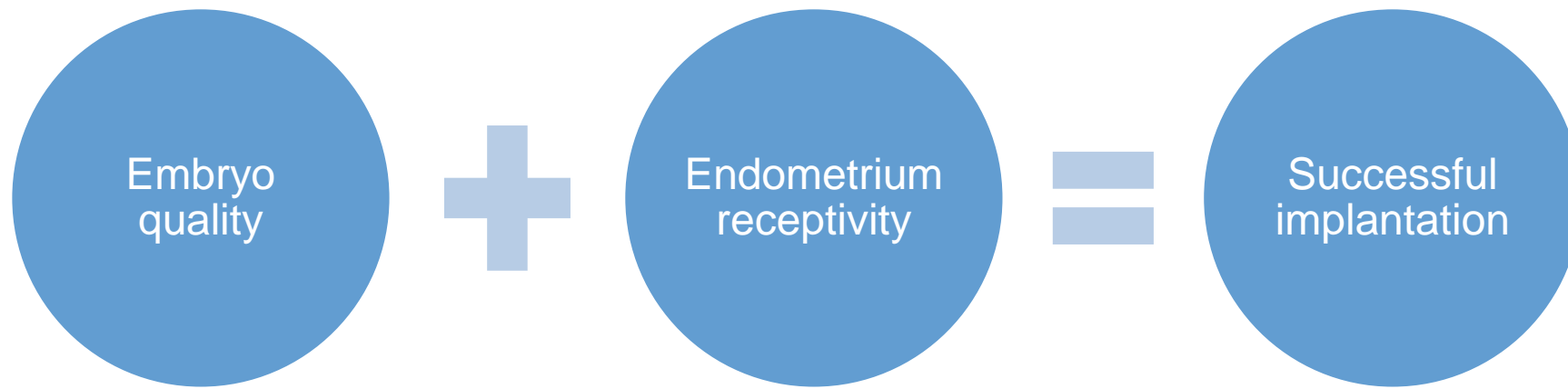
Meta-analyses of uNK level, narrative synthesis of uNK activity

Discussion

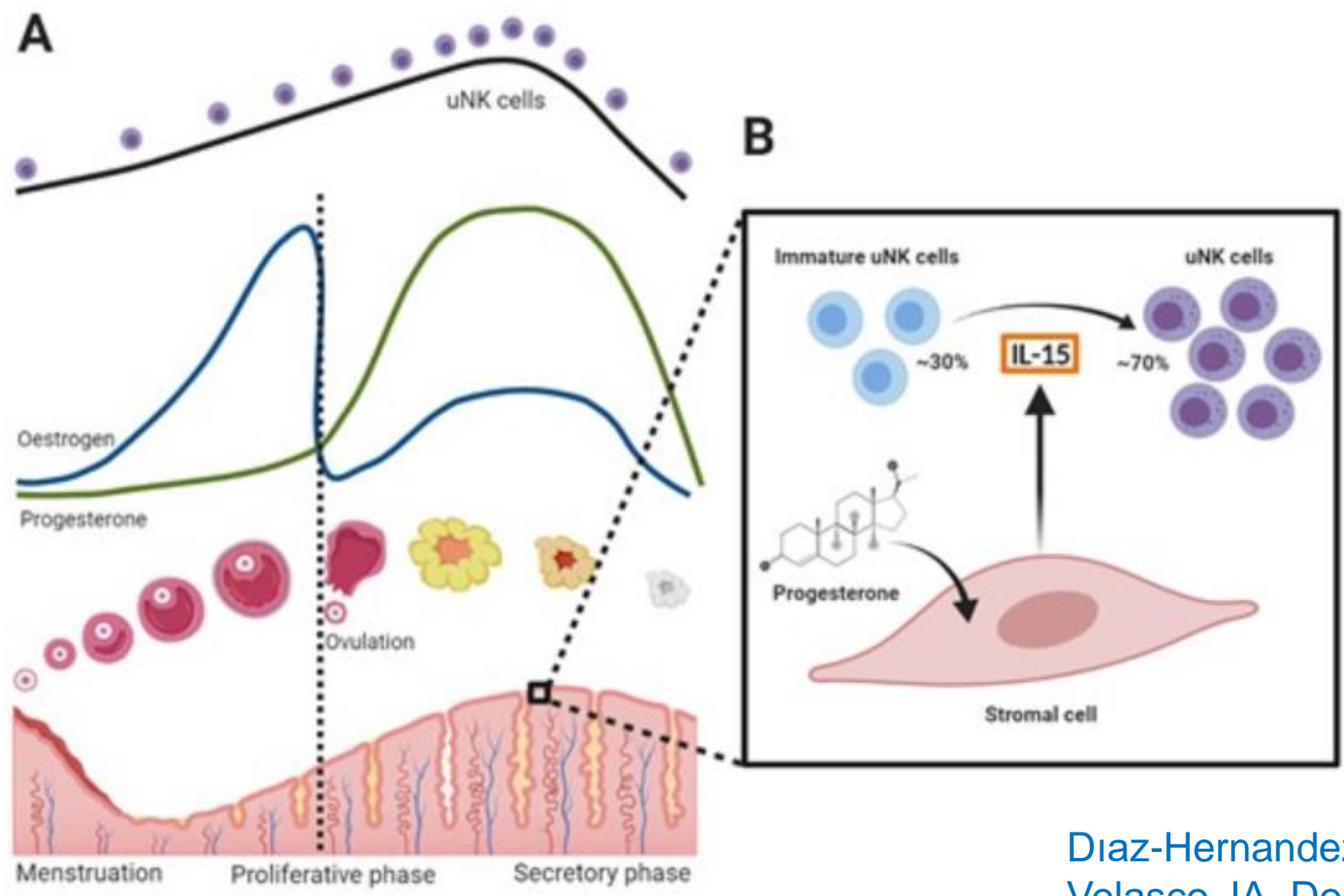
Key findings, Strengths and limitations, Measurement of uNK level, Measurement of uNK activity, Implications

Conclusion

Introduction

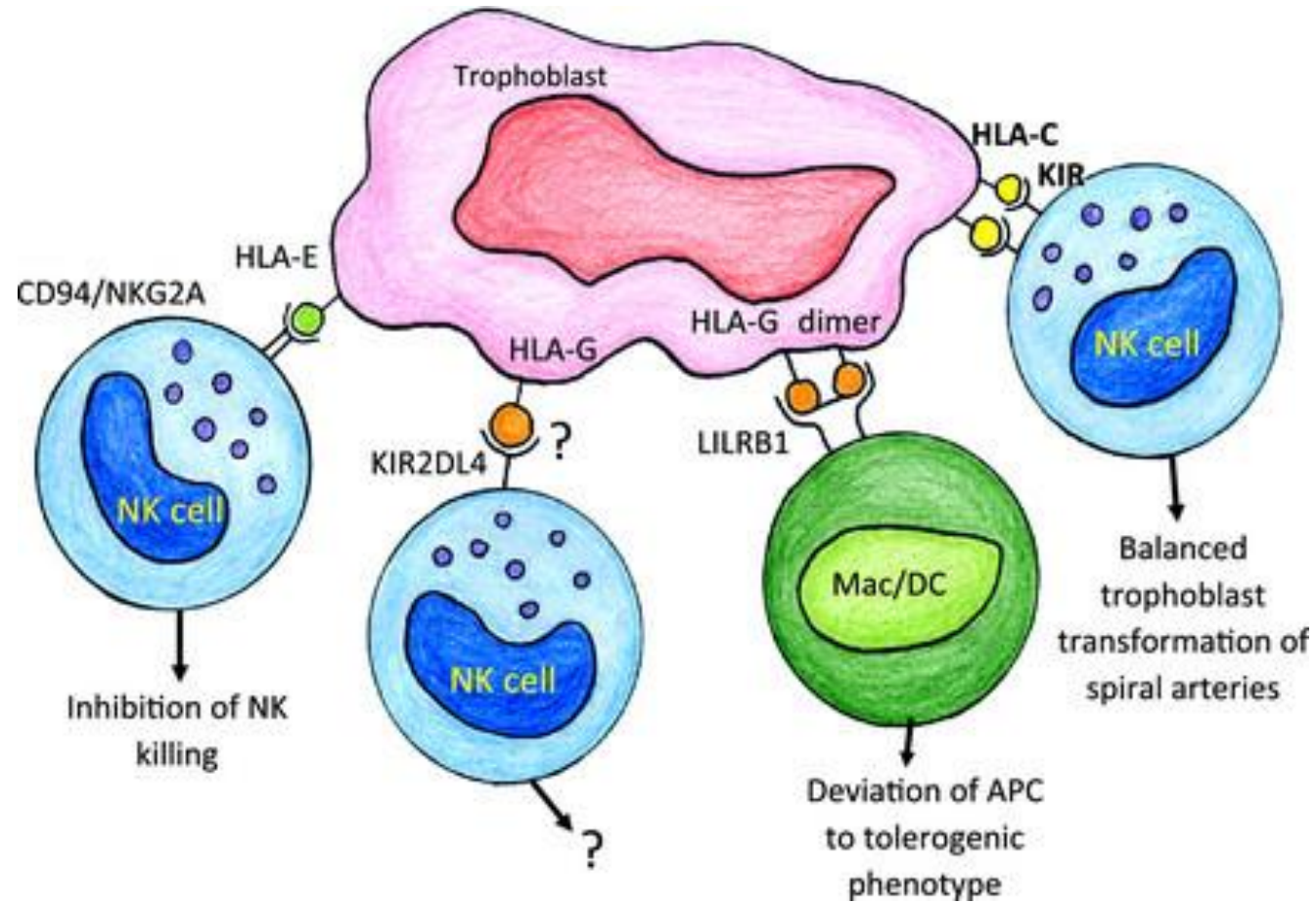


- 50% of RM and RIF cases remain unexplained
- Could it be immunological factor? **NK cells**: highest proportions of immune cells in the placental bed during 1st trimester pregnancy
 - In non-pregnant endometrium, inactive uNK cells undergo differentiation during menstrual cycle in preparation for pregnancy. ([Manaster et al., 2008](#); [Strunz et al., 2021](#))
 - Implantation of embryo → uNK → trophoblast invasion and spiral artery remodelling → placentation ([Huhn et al., 2021](#))
 - Balance between excessive and **insufficient** trophoblast invasion → miscarriage, pre-eclampsia, FGR ([Brosens et al., 2011](#))



Diaz-Hernandez I, Alecsandru D, Garcia-Velasco JA, Dominguez F. *Uterine natural killer cells: from foe to friend in reproduction. Hum Reprod Update 2021*

Extravillous trophoblasts (EVT): Fetal-derived cells in the maternal-fetal interface, expressing MHC-I antigens



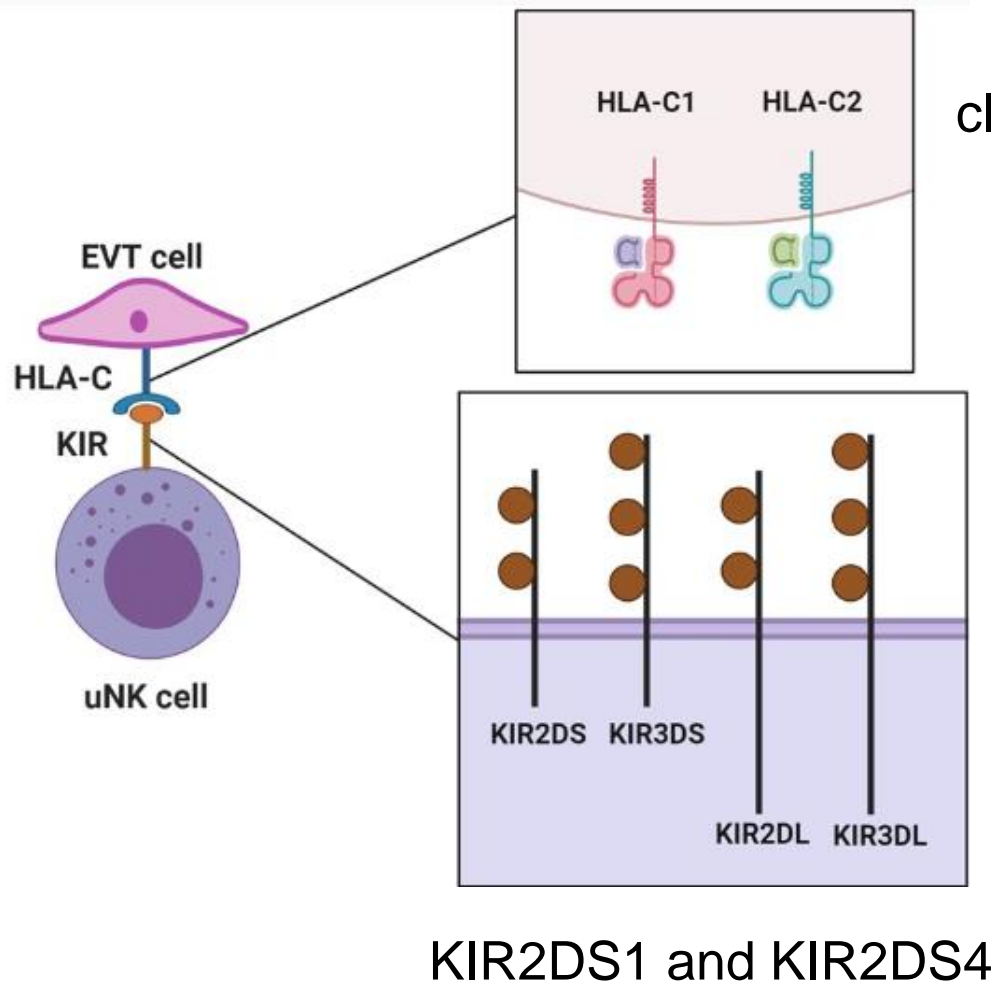
NK-cell receptors

CD94/NKG2

Leucocyte immunoglobulin-like receptor (LILR)

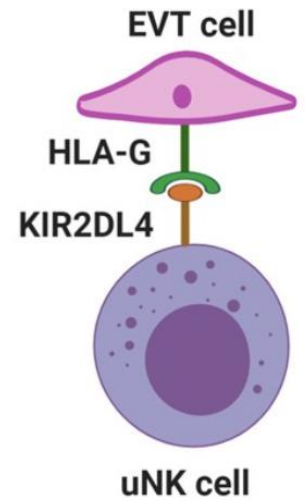
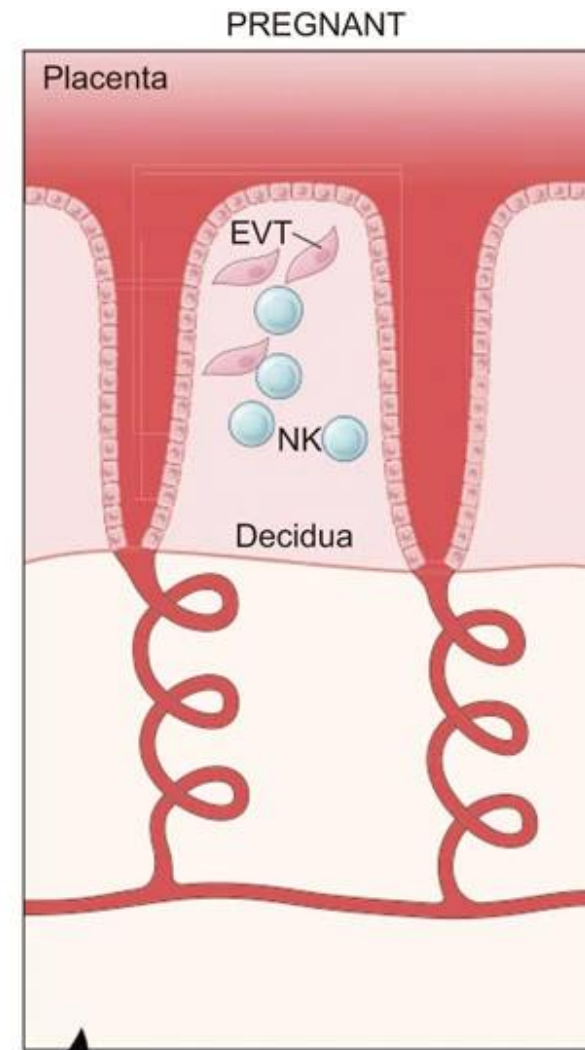
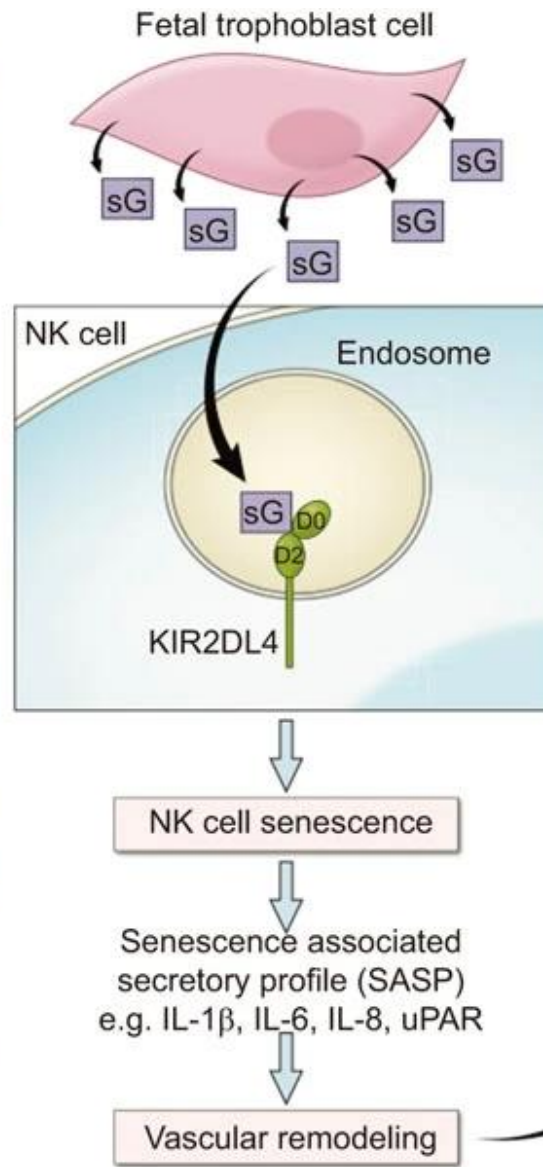
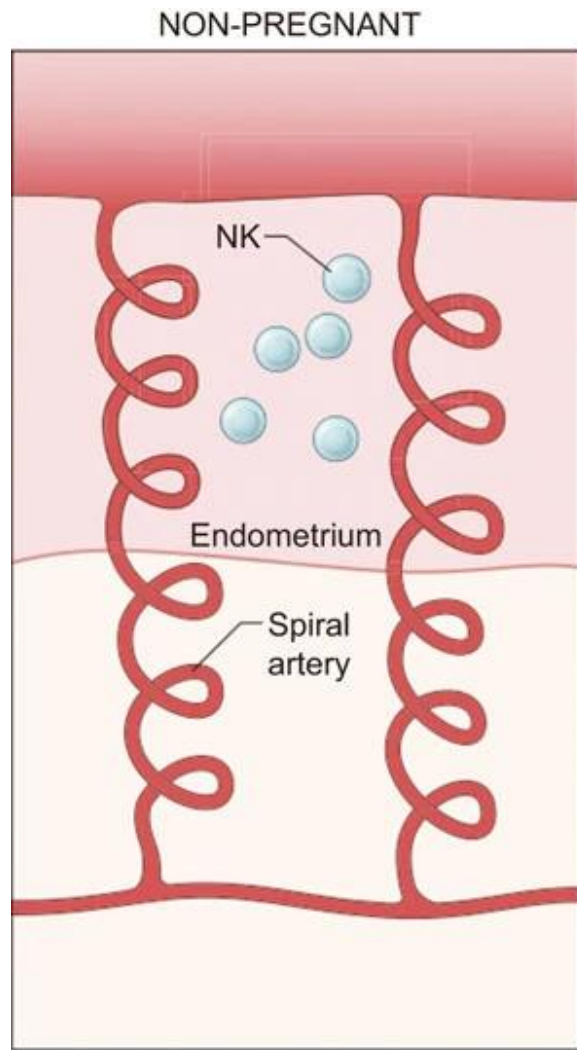
Killer-like immunoglobulin receptor (KIR) families

Activation of uNK → Cytokine production



- Granulocyte-macrophage colony-stimulating factor secretion
- Migration of trophoblast cells
(Xiong et al., 2013; Kennedy et al., 2016)

Diaz-Hernandez I, Alecsandru D, Garcia-Velasco JA, Dominguez F. *Uterine natural killer cells: from foe to friend in reproduction. Hum Reprod Update 2021*

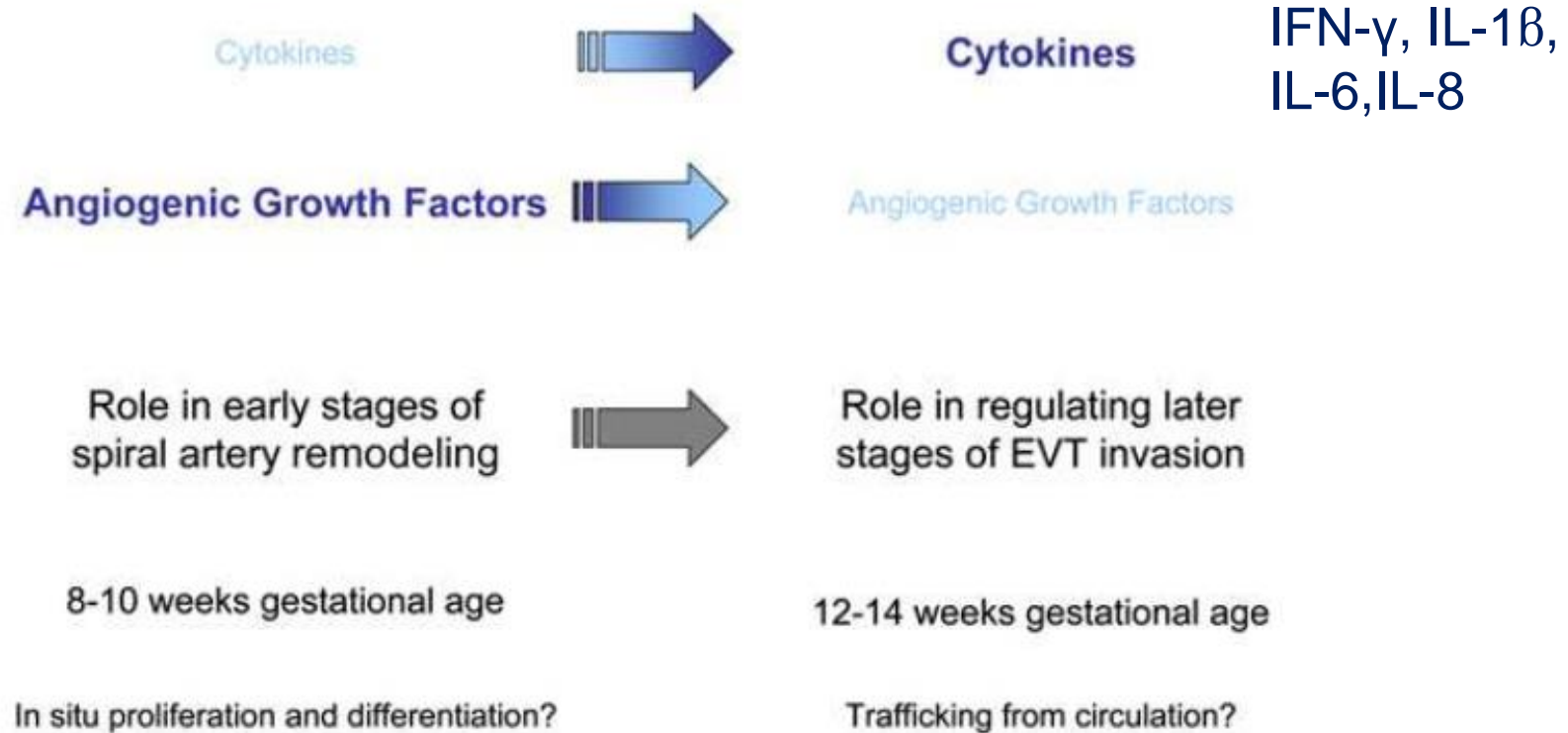


Rajagopalan S, Long EO. *KIR2DL4 (CD158d): An activation receptor for HLA-G.* *Front Immunol.* 2012 Aug 20;3:258

Functional role of uNK cells in early pregnancy

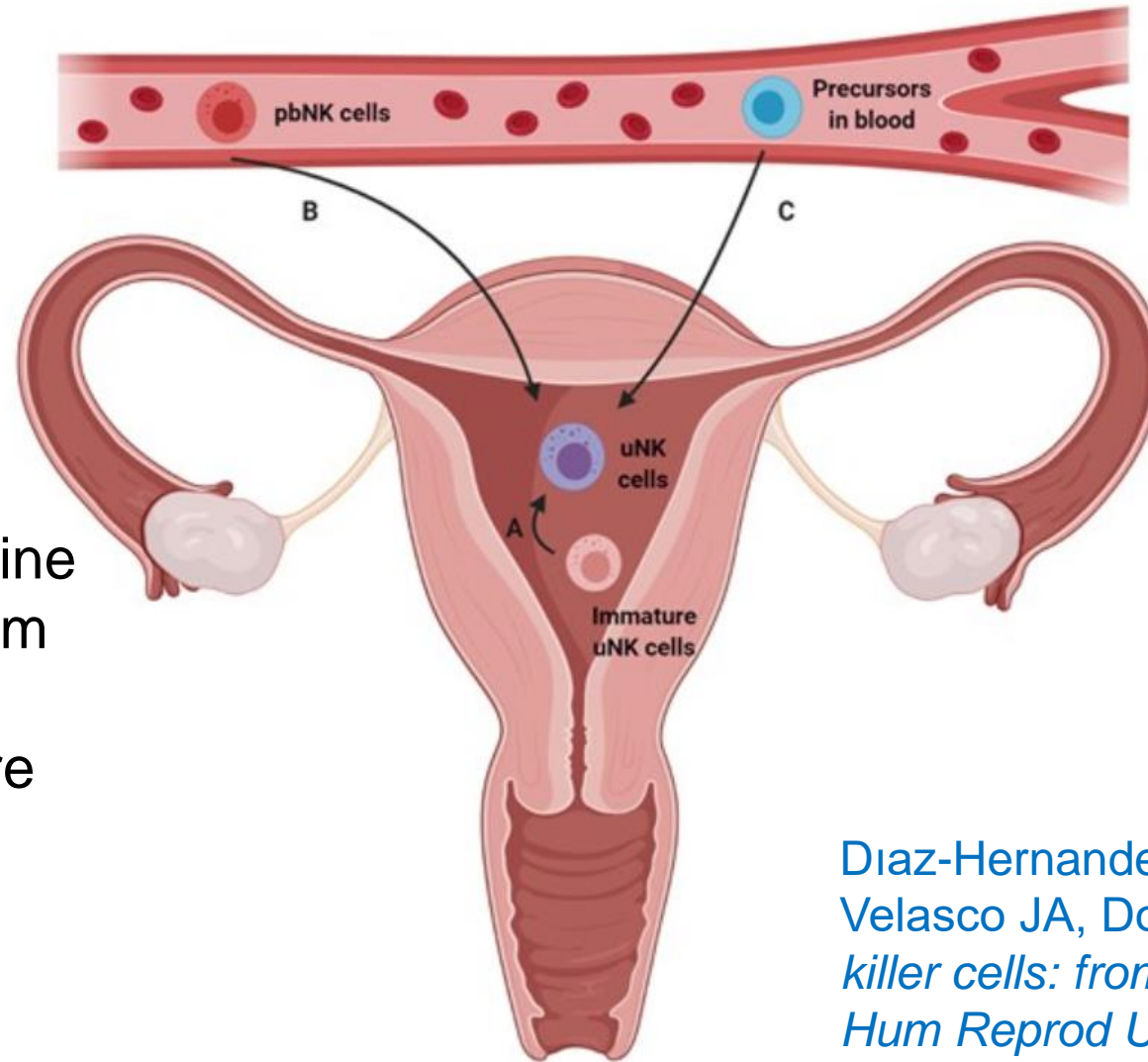
Switch?

VEGF-C,
angiopoietin-1,
angiopoietin-2



Lash GE, Robson SC, Bulmer JN. *Review: Functional role of uterine natural killer (uNK) cells in human early pregnancy decidua. Placenta 2010*

The origin of uterine NK (uNK) cells



A: Differentiation from uterine resident hematopoietic stem cells

B: Recruitment from mature peripheral NK cells

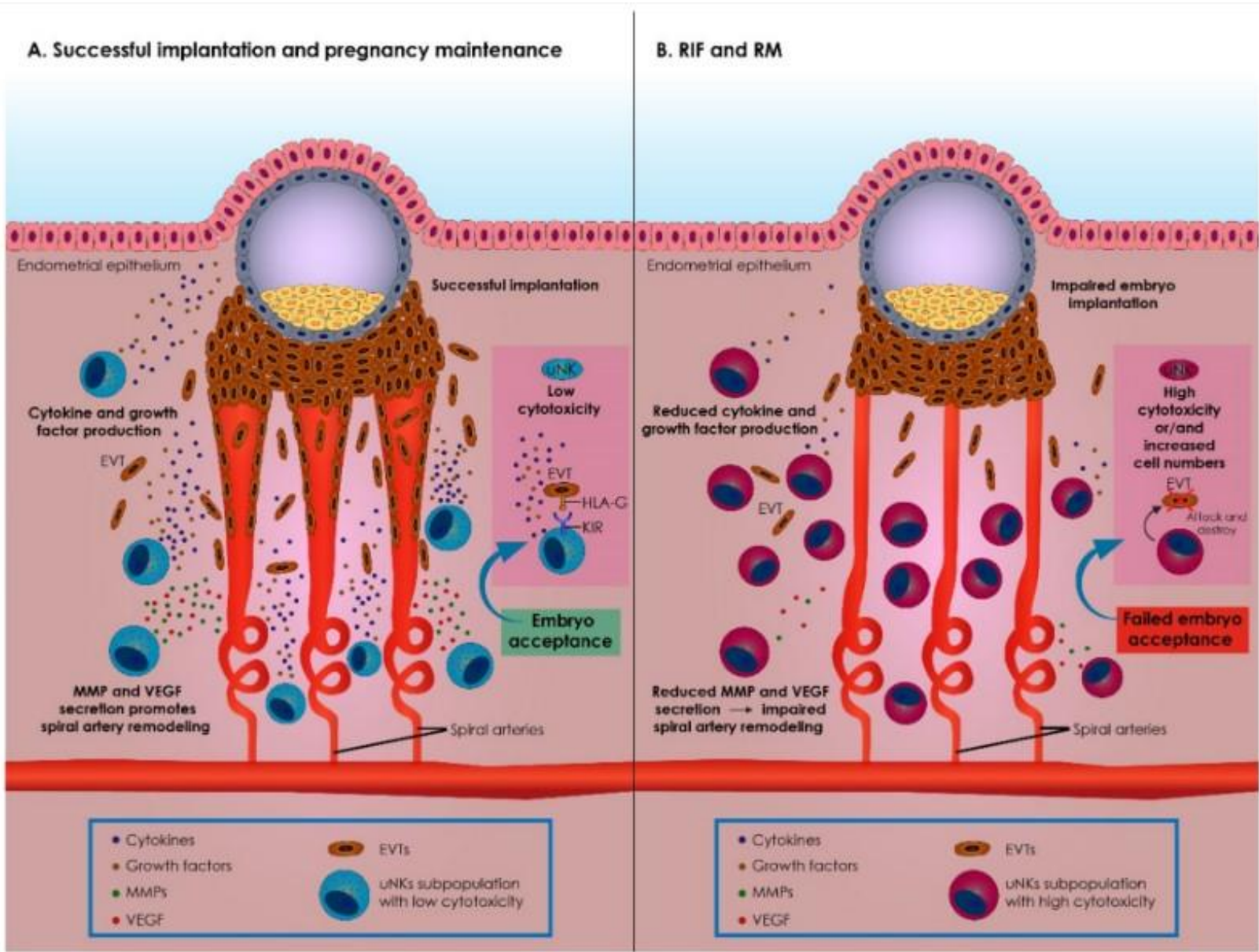
C: Differentiation from circulating immature pNK cells

Diaz-Hernandez I, Alecsandru D, Garcia-Velasco JA, Dominguez F. *Uterine natural killer cells: from foe to friend in reproduction.* *Hum Reprod Update* 2021

	uNK	pNK
Phenotype	CD56bright (CD56bright CD16+) (King et al., 1991 ; Koopman et al., 2003)	CD56dim (CD56dimCD16-) (Caligiuri, 2008)
Tissue marker	Tissue-residence marker CD49a , subdivided into 3 subsets (Vento-Tormo et al., 2018)	not found
Cytotoxicity	Weakly cytotoxic against tumour cells and not at all against trophoblast cells (King et al., 1989)	First line defense against viruses (Horowitz et al., 2011) and malignant cells (Chiossone et al., 2018)

Pathological pregnancies

1. Higher than normal uNK level → ↑ angiogenic factors → ↑ peri-implantation flow → ↑ oxidative stress to trophoblast cells ([Quenby et al., 2009](#); [Chen et al., 2016](#))
2. Uterine NK cells secrete pro-inflammatory cytokines (≈ Th1-type cytokines) → dampening anti-inflammatory Th2-type cytokines to maintain healthy pregnancy ([Sargent et al., 2006](#); [Makrigiannakis et al., 2011](#))
3. Different combinations of parental HLA-C and maternal KIR allo-types on live birth outcome in women undergoing ART → inadequate (rather than excessive) activation of uNK may cause RM and RIF ([Alecsandru et al., 2020](#))



Sfakianoudis, Konstantinos, et al. "The role of uterine natural killer cells on recurrent miscarriage and recurrent implantation failure: From pathophysiology to treatment." *Biomedicines* 9.10 (2021): 1425.

In the last meta-analysis

- No difference in uNK level, measured as percentage of total stromal cells ([Seshadri and Sunkara, 2014](#))

Aims

1. Differences in **uNK level** in women with RM/RIF vs. controls
2. Pregnancy outcome in women with RM/RIF (high and normal uNK level)
3. Correlation between **uterine and pNK** in women with RM/RIF
4. Differences in **uNK activity** in women with RM/RIF vs. controls

Methods

Protocol registration

International Prospective Review of Systematic Reviews (PROSPERO):
CRD42020175868

Study search and screen

PRISMA

MeSH keywords: Natural Killer cells, recurrent miscarriage and recurrent implantation failure

Electronic databases: MEDLINE, EMBASE, Web of Science and Cochrane Central Register of Controlled Trials

Screening process: 2 reviewers (E.V.M. and O.G.) + 3 senior authors (N.S., V.M. and M.J.)

Study selection

All observational studies on humans until **December 2020**

RM: ≥ 2 previous pregnancy loss ([Bender Atik et al., 2018](#))

RIF: inability to achieve clinical pregnancy after ≥ 2 fresh or frozen transfers of high-quality embryos ([Polanski et al., 2014](#))

Control group: Women with no history of reproductive problems, including those undergoing ART because of male factor infertility

- Exclusion criteria: usage of immunotherapy, studies on immunogenetics, nonstandardized usage of hormonal therapy or no control group

Outcomes measured

1. Primary outcome: **uNK level** measured in absolute count, or percentage of stromal cells or lymphocytes in women with RM and RIF
2. Secondary outcome (**pregnancy outcome**): live births, or clinical pregnancy rate (CPR), defined as GS+ and FHB+
3. Tertiary outcome: **correlation** coefficient between **pNK and uNK** levels in women with RM and RIF
4. Final outcome: **uNK activity** grouped as uNK regulation and receptors, cytotoxicity, effect on uterine vasculature and cytokine production

Data extraction

Independently by E.V.W. and O.G., uploaded as template on Covidence, extracted with online software WebPlotDigitizer

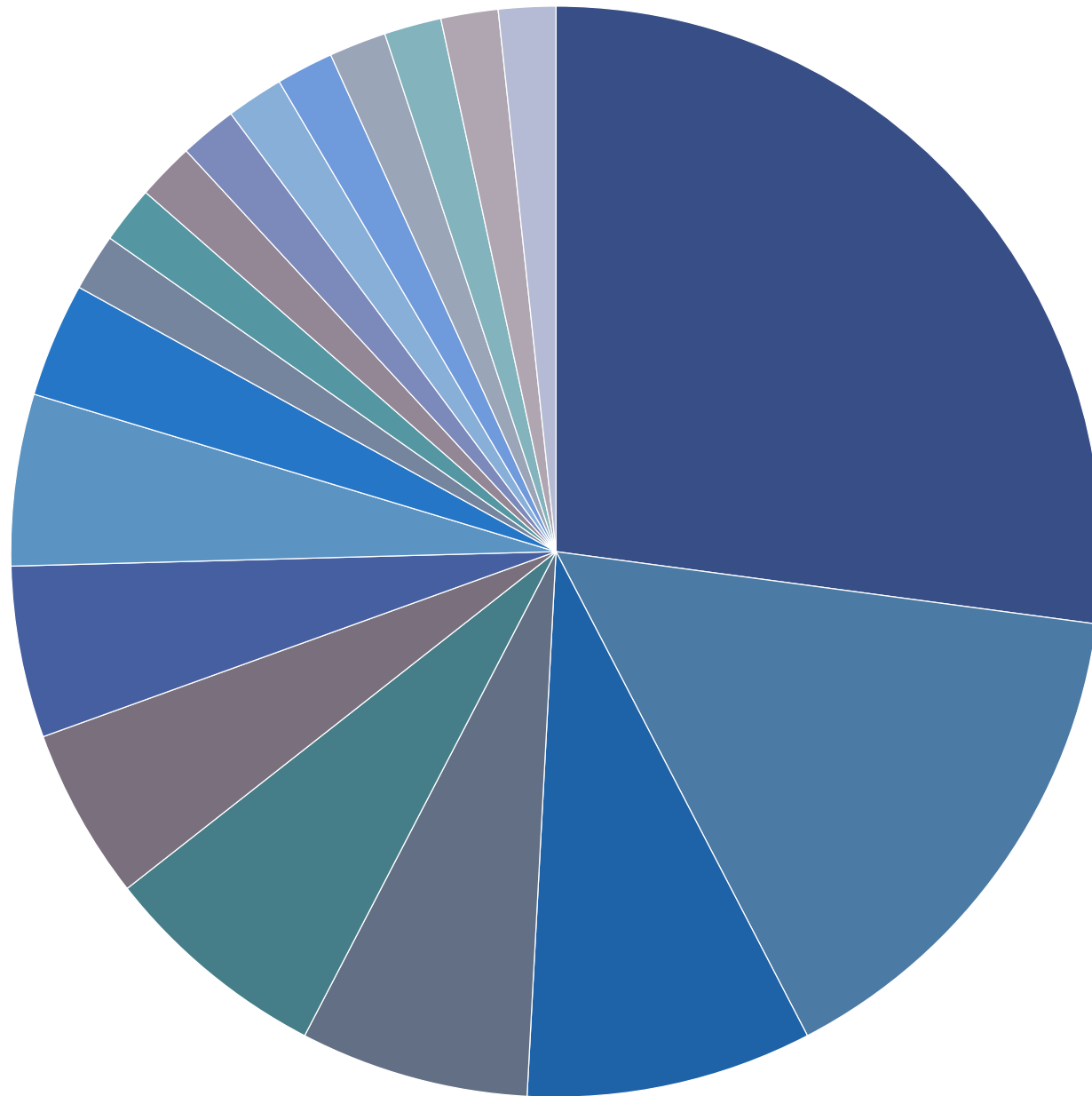
Quality assessment

- Risk Of Bias In Non-randomised Studies of Intervention (ROBINS-I) tool
- Publication bias: funnel plot and Egger's test

Data synthesis

- Meta-analysis: RevMan 5.3
- ✓ **Standardized mean difference (SMD)** of uNK level in women with RM and RIF
- ✓ **Risk ratio** of clinical pregnancy and live birth rate, correlation coefficient: uNK and pNK phenotypes
- **Narrative synthesis** for uNK activity; 1 favours case, 0 favours control, - no difference

Results



- China
- UK
- USA
- Germany
- Japan
- France
- Hong Kong
- Turkey
- Ireland
- Taiwan
- Spain
- Belarus
- Canada
- Argentina
- Russia
- Serbia
- Saudi Arabia
- Iran
- Egypt
- the Netherlands

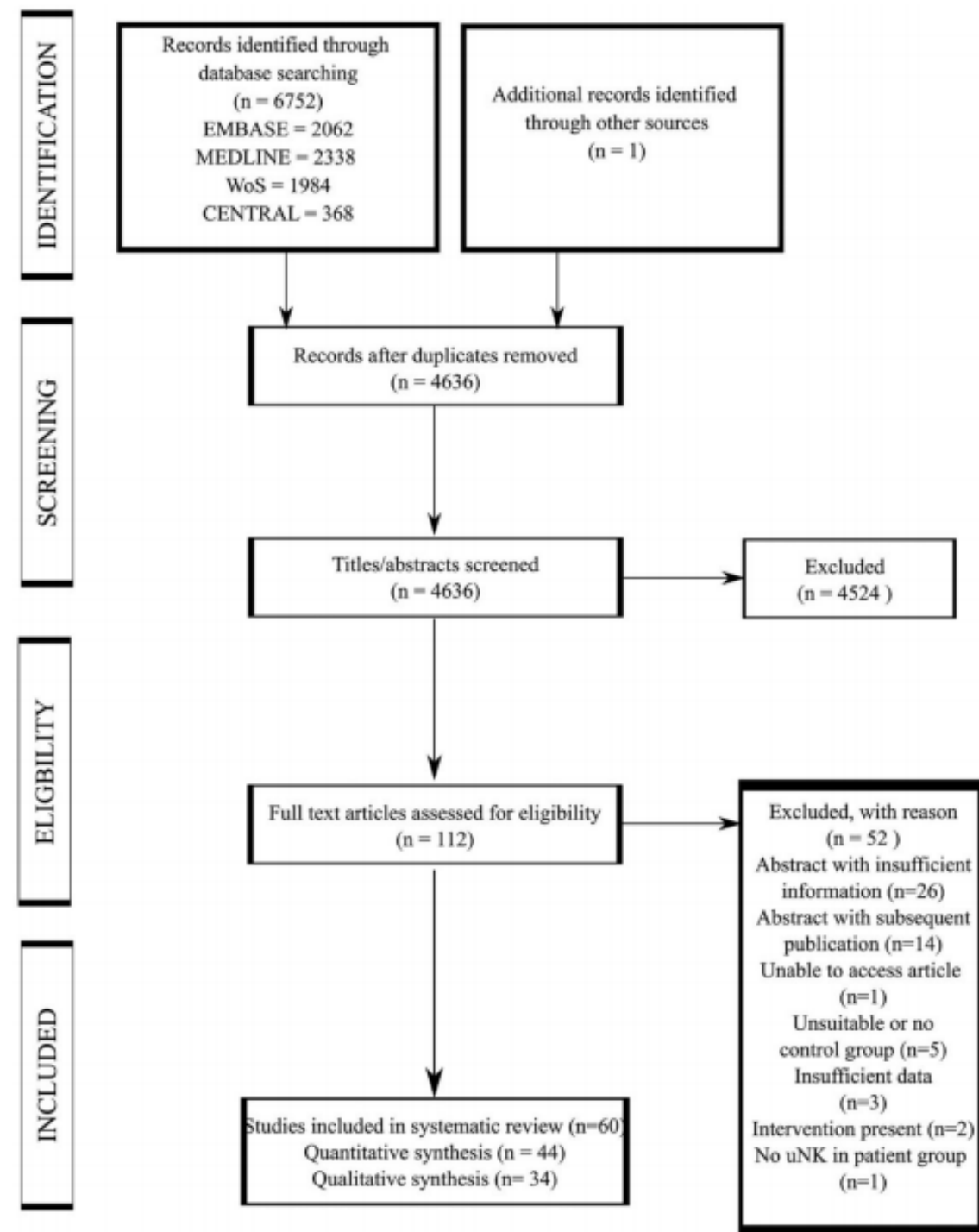
Study selection and characteristics

Eligible: 60 articles from 20 countries

44 articles for meta-analyses

34 articles for qualitative synthesis

- uNK level, activity and correlation with pNK: all case-control studies
- Pregnancy outcomes: 6 prospective studies, 1 retrospective cohort study

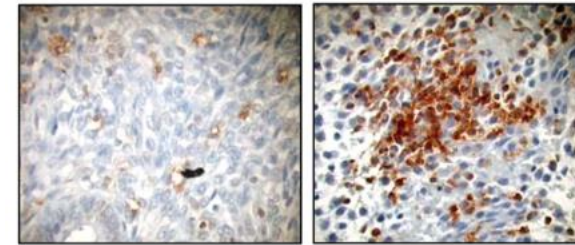
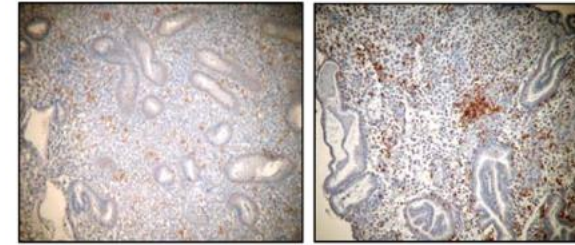


Study characteristics

- Heterogeneity in definitions
 - ✓ RM: 18 studies (≥ 3 previous miscarriages), 14 studies (≥ 2 previous miscarriages), 6 studies did not state number
 - ✓ RIF: 6 studies (≥ 3 previous failures to achieve clinical pregnancies after ET), 4 studies (≥ 2 previous failures)
 - ✓ Control: 16 (previous successful livebirths), 5 (male factor infertility), 10 (no history of previous miscarriages or failed IVF), 15 (healthy pregnancy for elective termination), 6 studies (no statement on pregnancy history)
- Samples studied
 - ✓ Endometrial tissue: non-pregnant women at mid-luteal phase, but timing method varied (18 studies by urine LH, 3 studies by estrogen-progesterone therapy, 2 by LMP, 2 by histological dating, 1 by basal body temperature and ultrasound)
 - ✓ Decidual tissue: obtained at surgery (GA 4~12 weeks)

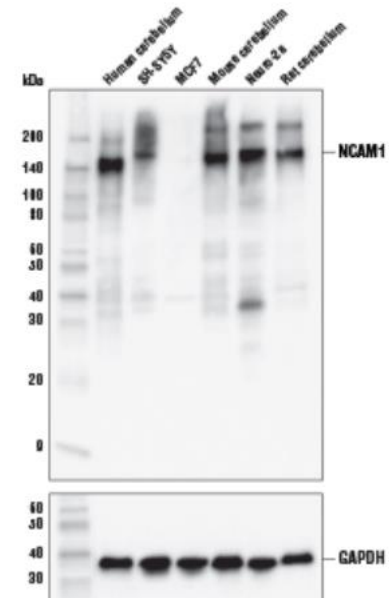
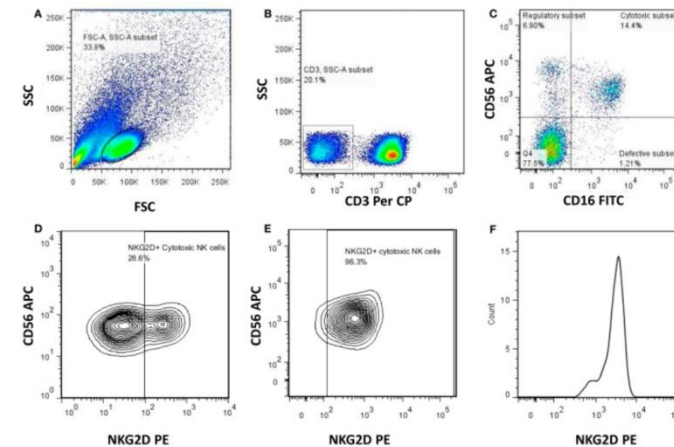
Study characteristics

- Methods of analysis
- ✓ **Immunohistochemistry** (23 studies):
uNK level as total stromal cell %, absolute count or staining intensity
- ✓ **Flow cytometry** (14 studies):
variations in gating strategy, presenting their data as total CD56+, CD56+CD16-, CD56 brightCD16-, CD56+CD16+ or CD57+ uNK
- ✓ Western blot (1 study): CD56 protein expression



Proliferative phase

Secretory phase



Quality assessment

No significant publication bias for studies in the meta-analyses of uNK level (Egger's test, $P=0.15$)

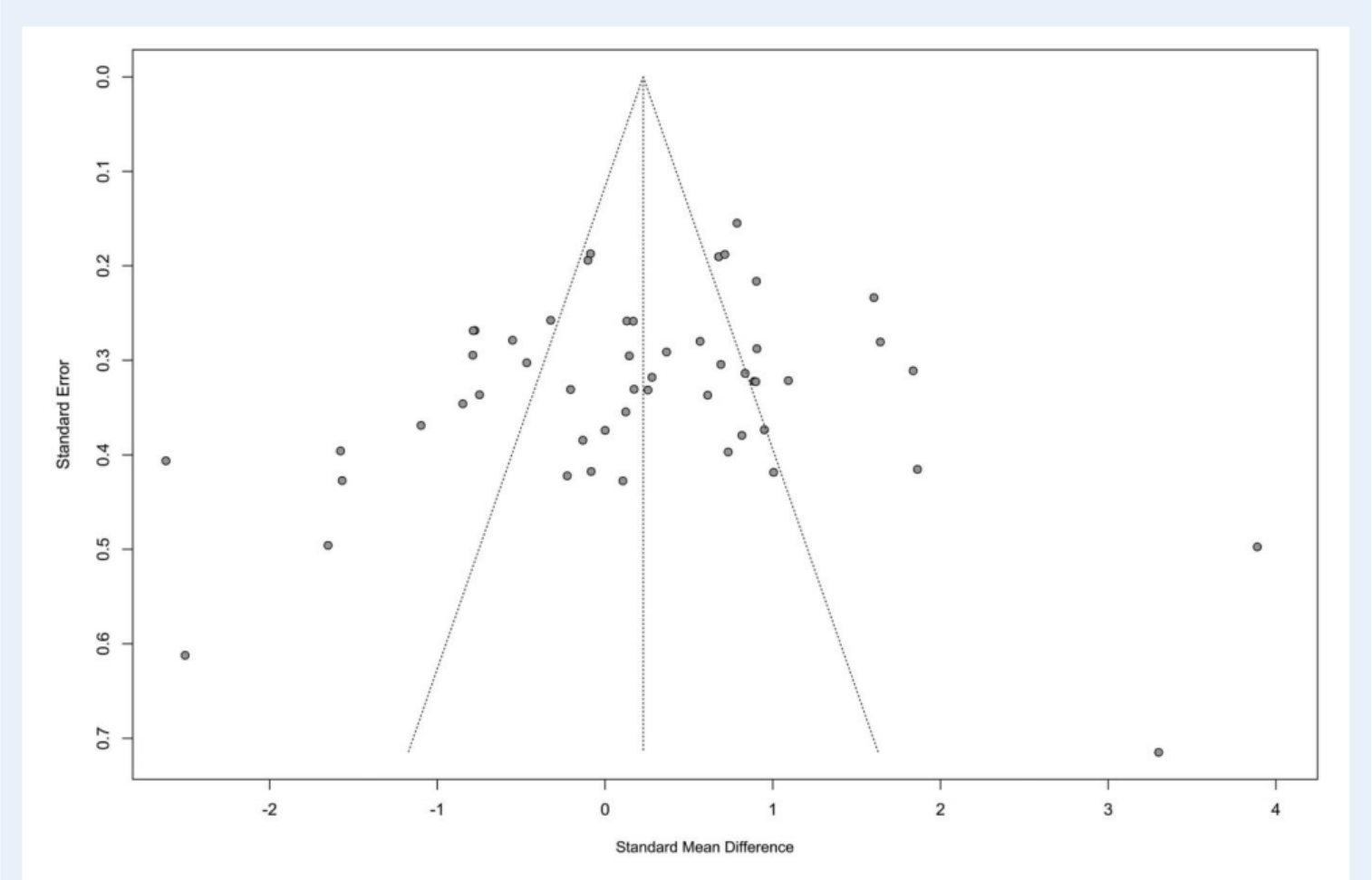


Figure 2. Funnel plot of all the studies included in the meta-analyses of uterine natural killer level.

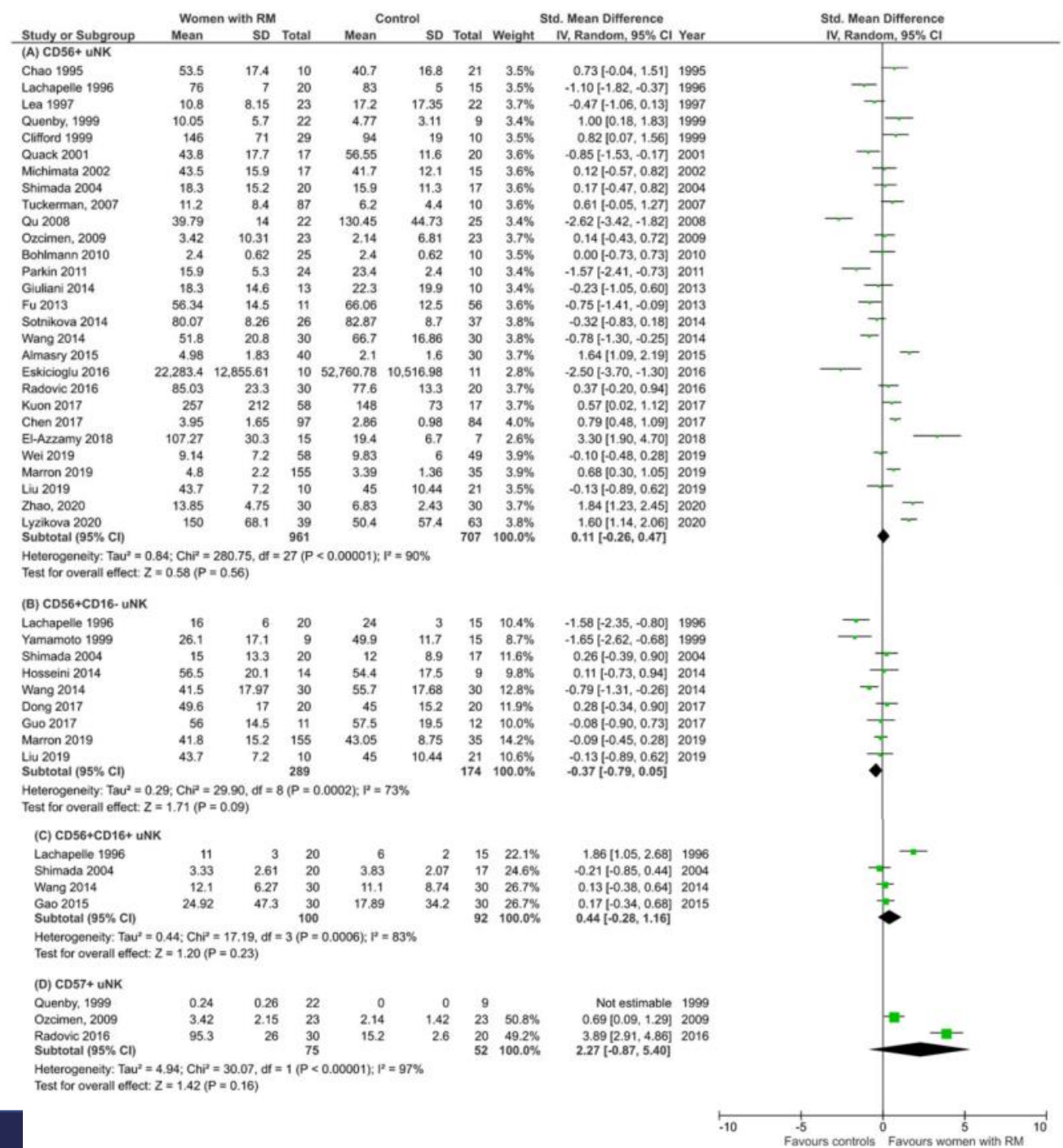
Meta-analysis: uNK cell level

Recurrent Miscarriage

- 33 studies in total

Different phenotypes of uNK cells

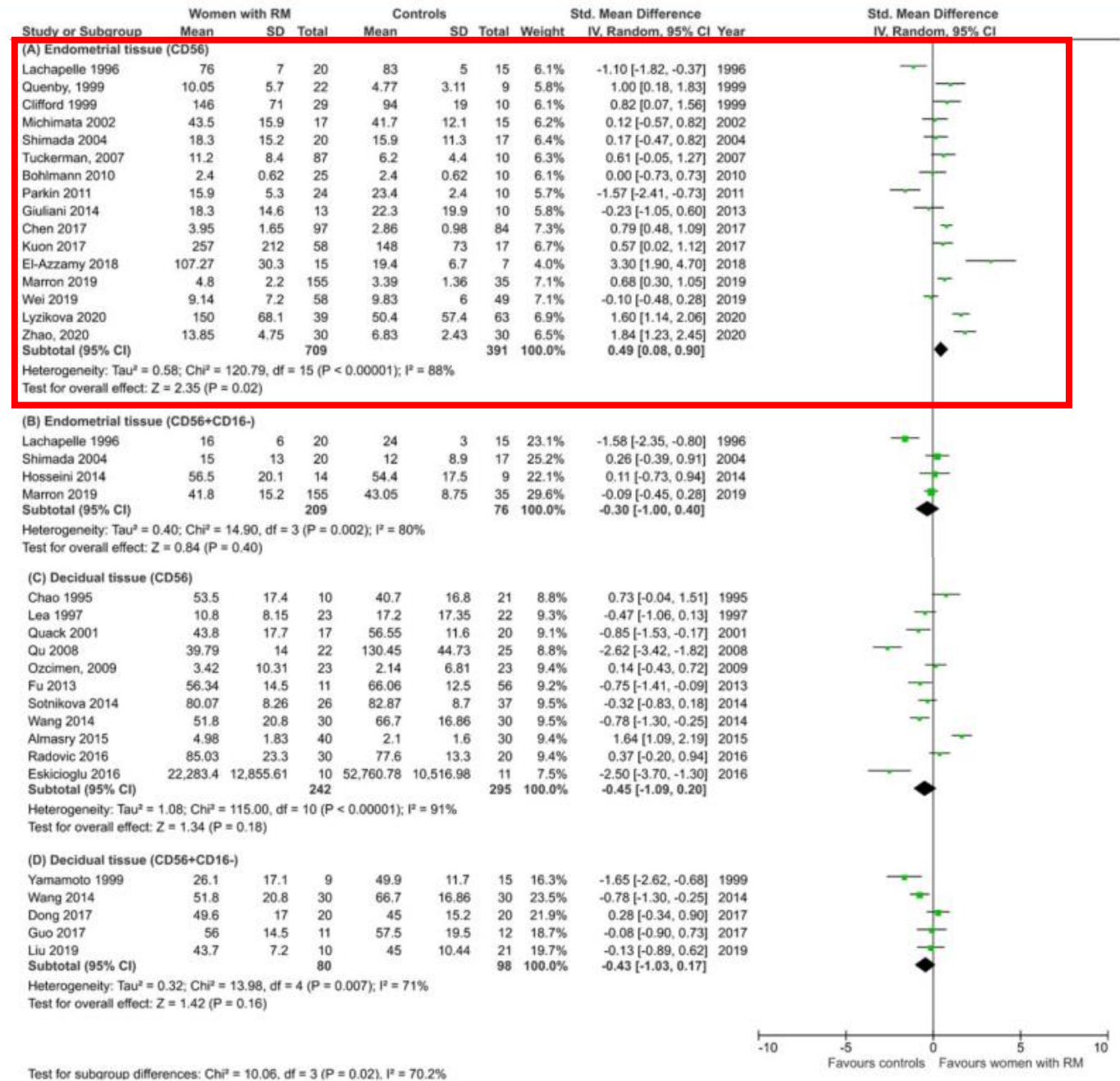
- (A) 28 studies on total CD56+ cells (both uNK and pNK cells in the uterus)
- (B) 9 studies on CD56+CD16- cells (predominantly uNK)
- (C) 4 studies on CD56+CD16+ cells (pNK in the uterus)
- (D) 3 studies on CD57+ cells (mature circulating NK cells)



Meta-analysis: uNK cell level

Recurrent Miscarriage

- Subgroup analysis
- Significantly higher total CD56+ uNK in women with RM compared with controls in endometrial samples (A) from mid-luteal phase only, not replicated in decidual tissue (C)
- No significant difference in CD56+CD16- cells in either endometrial (B) or decidual tissue (D)

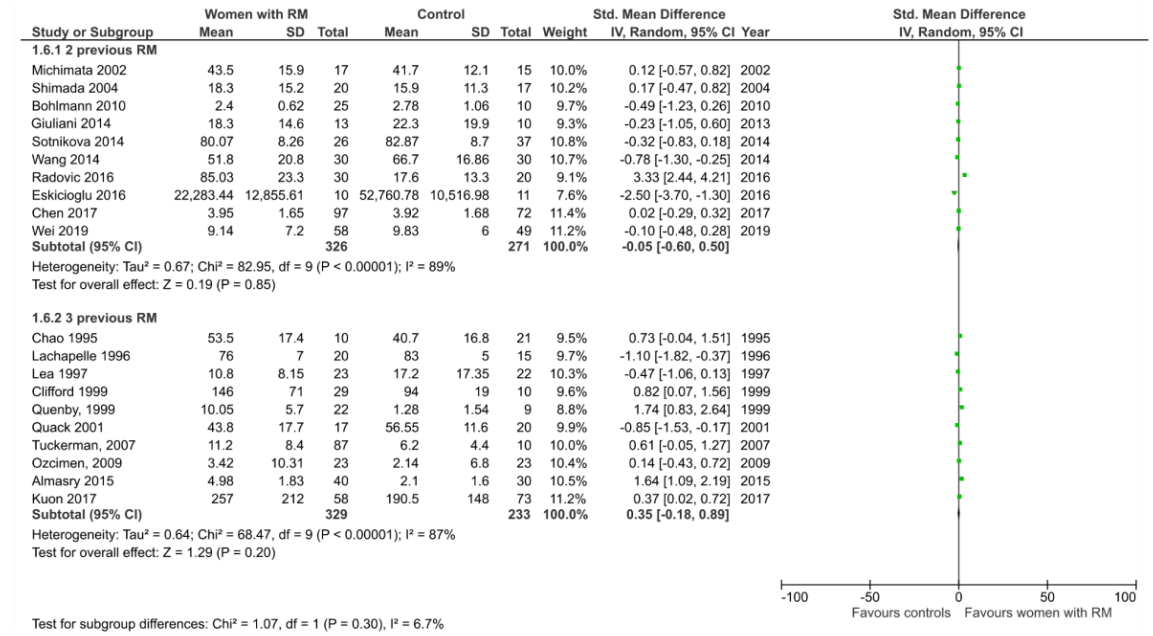


Subgroup meta-analysis of standard mean difference of uNK level of women with RM compared to controls

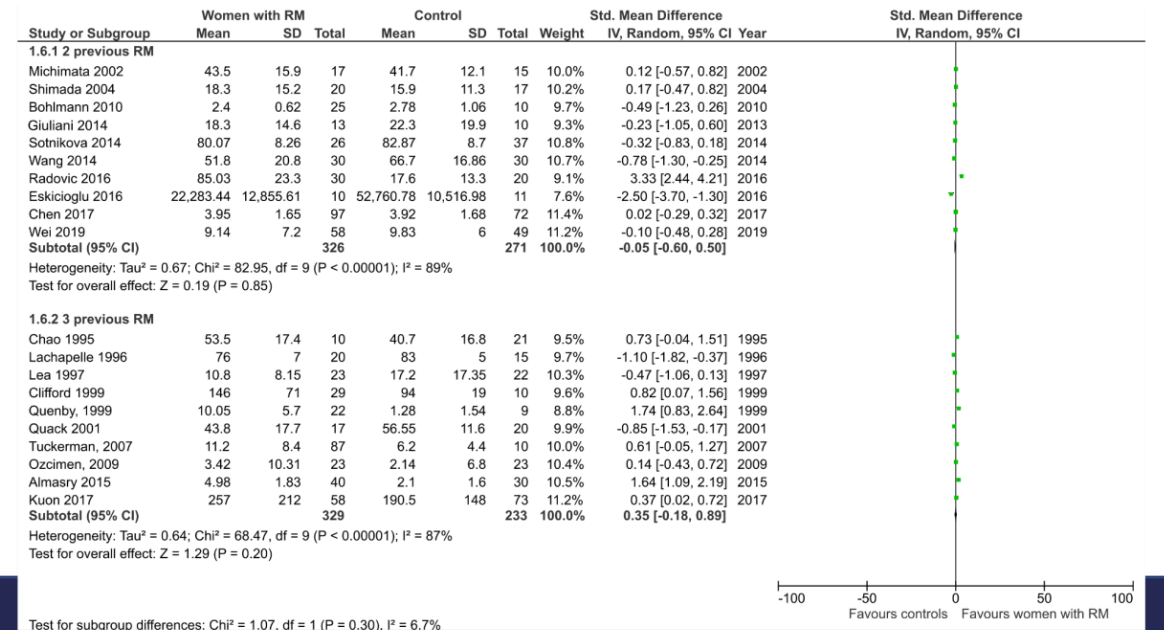
(A) For primary RM (B) For secondary RM

➤ No significant difference in subgroup analysis of CD56+ or CD56+CD16- cells level between primary or secondary RM

(A) Definition of RM



(B) Primary and secondary RM

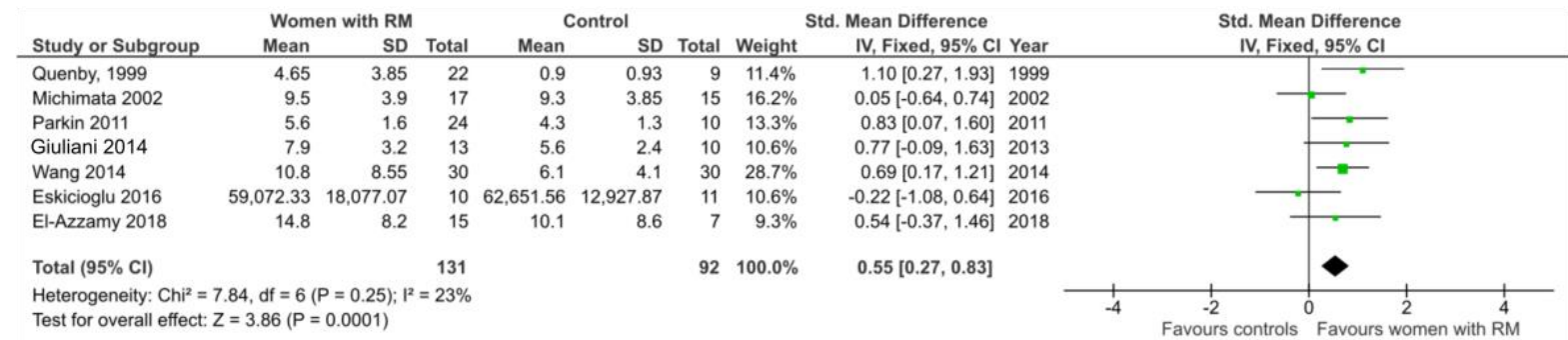


Meta-analysis of standard mean difference of **CD16+ leucocytes** in women with (A) RM and (B) RIF compared to controls

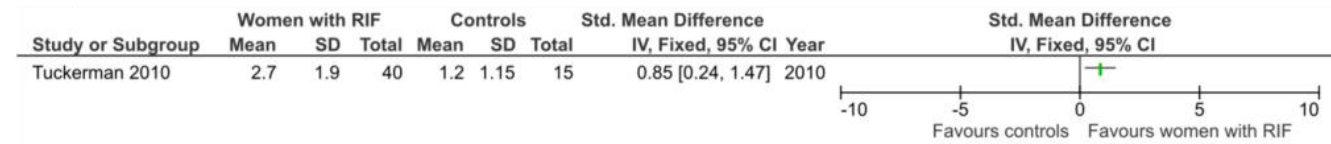
CD16+ leucocytes: mixture of pNK, monocytes and macrophages

➤ **Significantly higher** level in women with RM compared with controls

(A) RM



(B) RIF

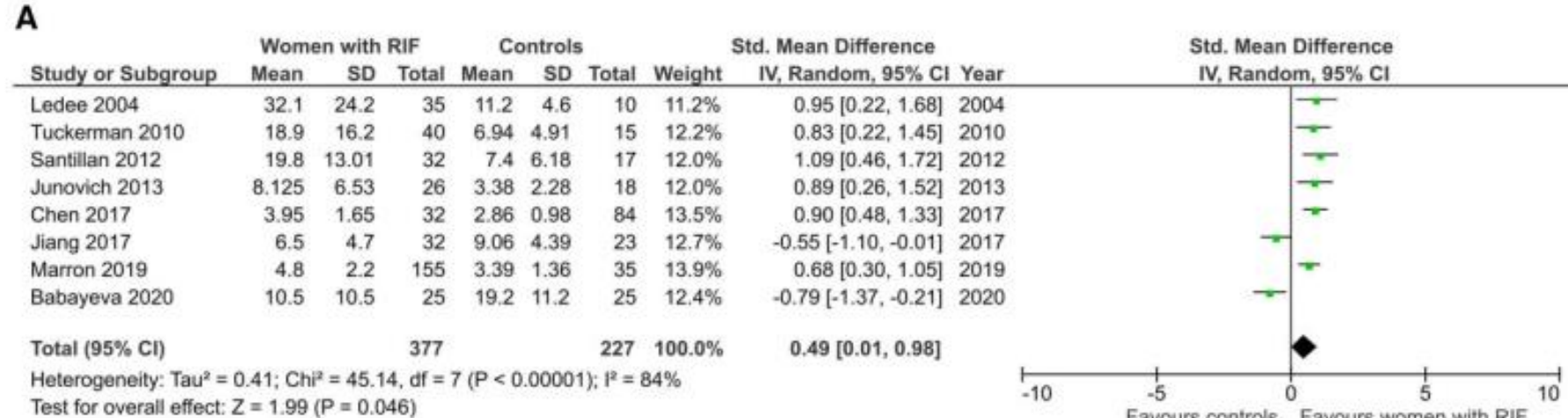


Meta-analysis: uNK cell level

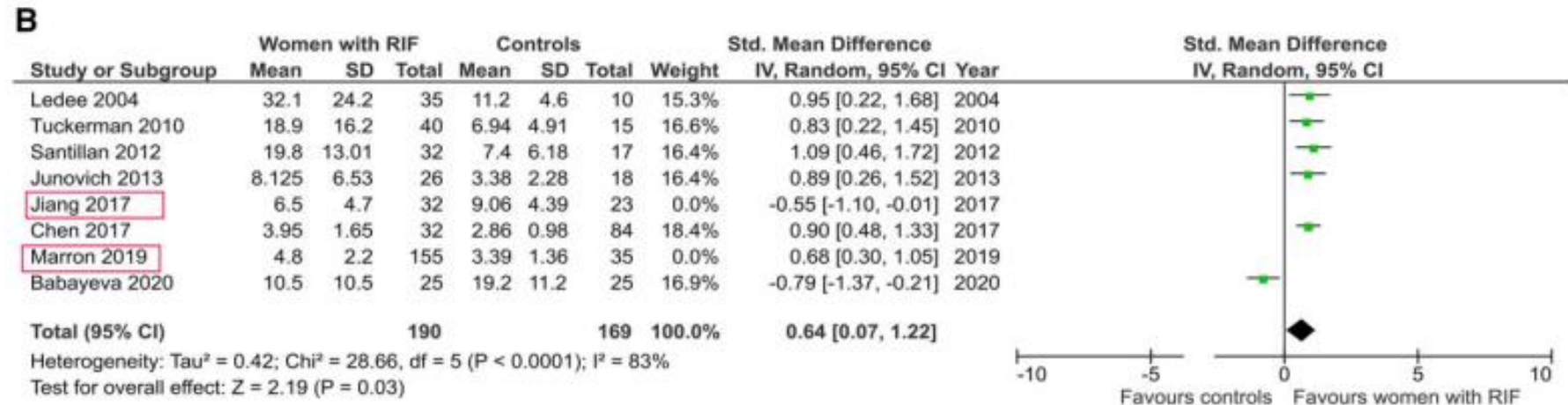
Recurrent Implantation Failure

- 8 studies in total

A: Significant difference in total CD56+ uNK in endometrium in women with RIF compared with controls



B: Sensitivity analysis of CD56+ uNK level excluding male factor → significantly higher uNK level in women with RIF compared with controls



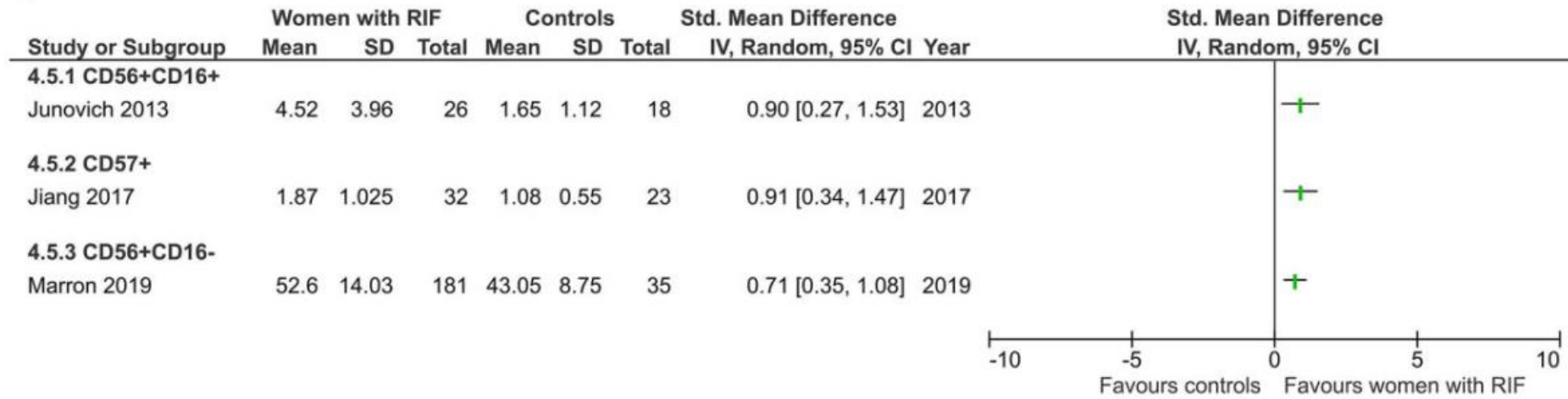
However, this difference lost statistical significance following sensitivity analyses by exclusion of

- 2 studies: did not exclusively use fertile controls
- 2 studies: included hormonal intervention
- 6 studies: serious risk of bias
- 4 studies: mean and standard deviation were converted from median and interquartile range and/or range
- 2 studies: information was extracted from the graph

Meta-analysis: uNK cell level

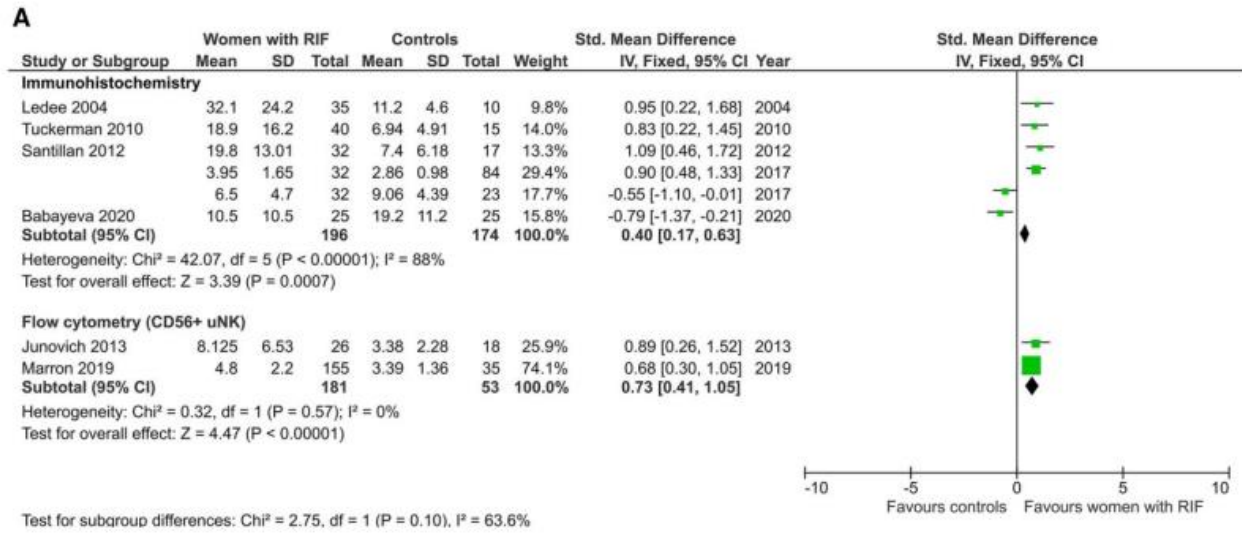
Recurrent Implantation Failure

C



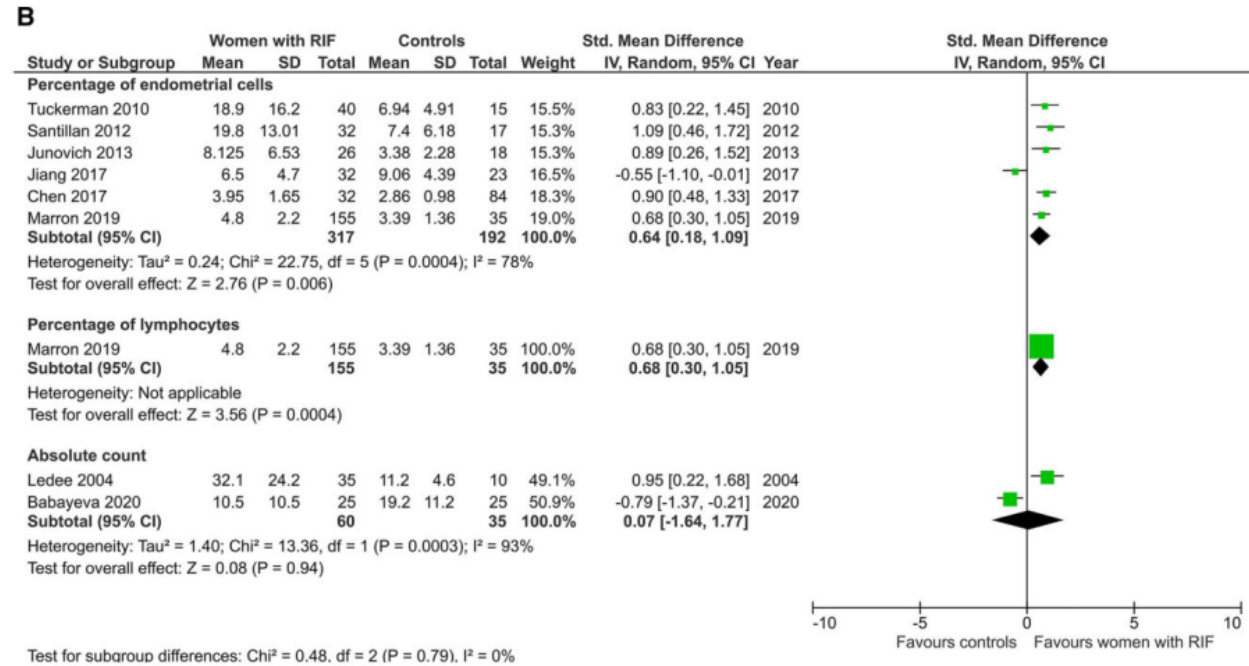
Meta-analysis: uNK cell level

Recurrent Implantation Failure



A: by method of analysis

➤ Significant difference of CD56+ cells level

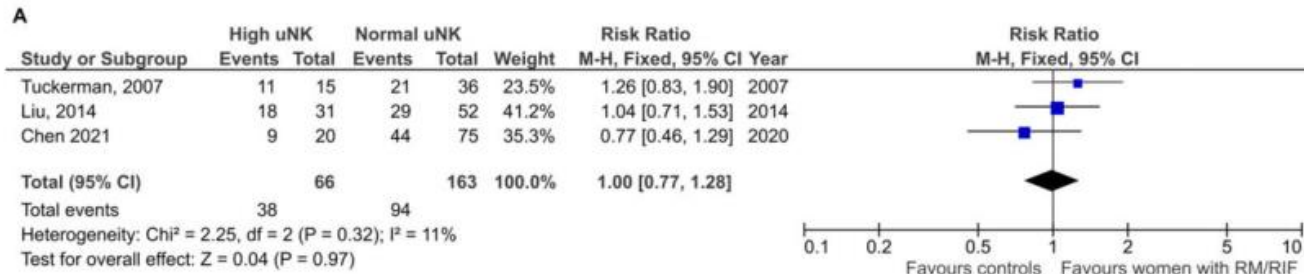


B: by unit of measurement

➤ CD56+ cells are significantly higher in women with RIF when expressed as percentage of endometrial/stromal cells, but not as absolute count

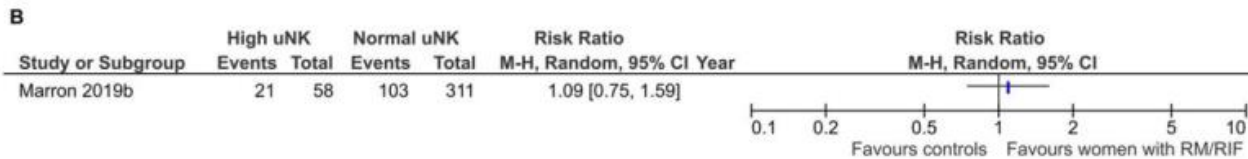
Meta-analysis: Pregnancy outcome

Pregnancy rate (high uNK vs. normal uNK)



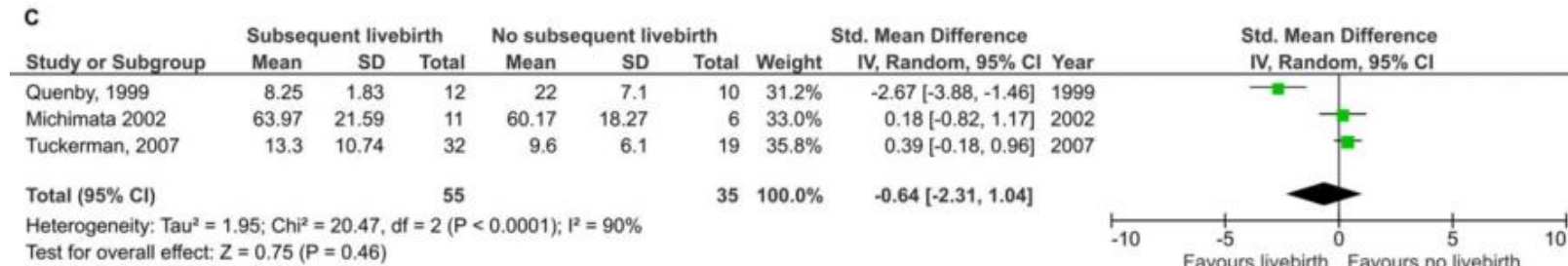
- 7 studies following up women with RM until the next pregnancy (3 with livebirth rates, 1 reporting CPR)

A: No significant difference in livebirth rates
B: No significant difference in CPR



uNK levels

C: No significant difference (P=0.46) in women with RM/RIF who had **livebirth vs. miscarriage**



Meta-analysis: Correlation between peripheral and uNK cells

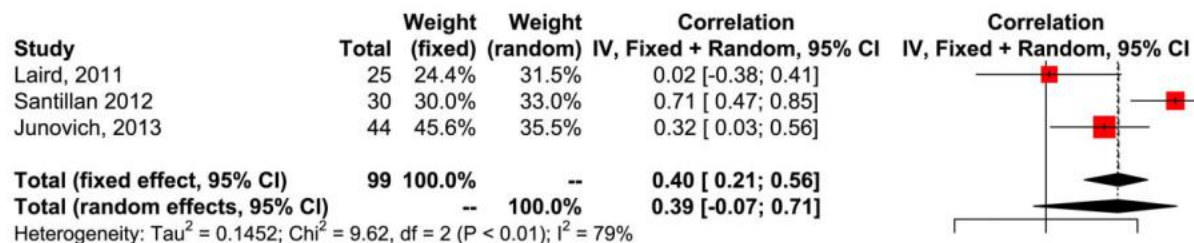
No significant positive coefficient correlation in either

A: total CD56+ pNK and uNK (P= 0.10),

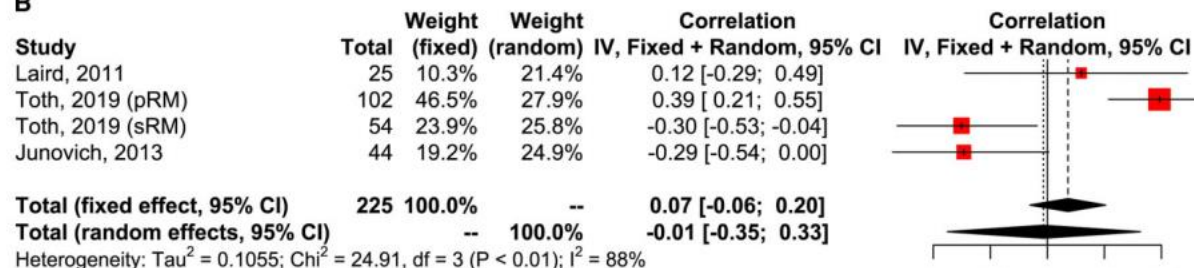
or

B: CD56+CD16+ pNK and uNK (P=0.08).

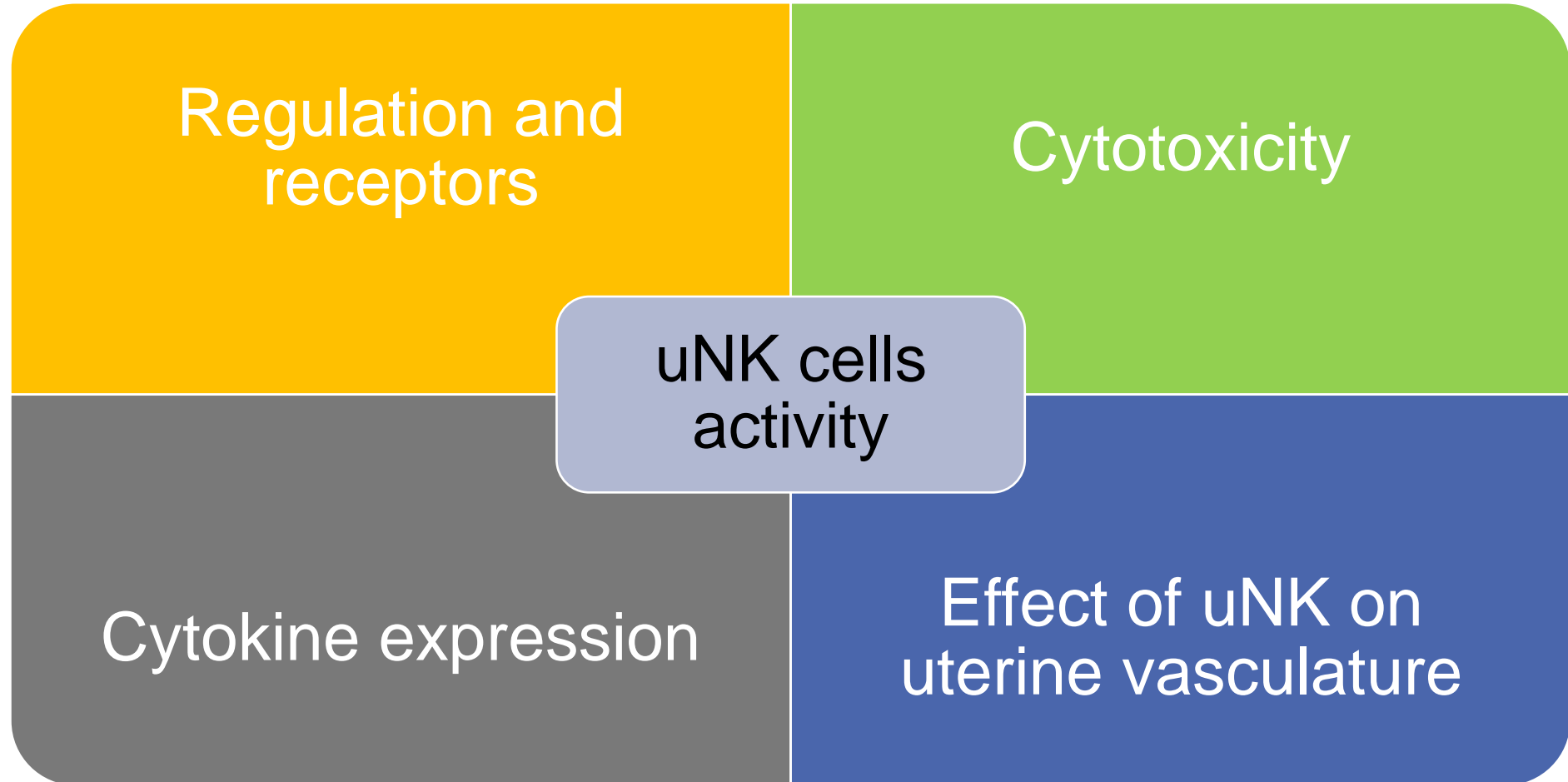
A



B



Narrative synthesis on uNK cell activity



Regulation and receptors

- 16 studies on RM and 1 on RIF
- Trafficking of pNK in the response to chemokine production from uterine stromal cells ([Kitaya et al., 2003](#); [Hanna et al., 2004](#); [Jones et al., 2004](#))
- Decidual cells during pregnancy → chemokines (e.g. CXCL10, CXCL12, Chemerin) → pNK migration through endothelial and stromal cells ([Carlino et al., 2008, 2012](#))
- Preferential recruitment of CD56⁺CD16⁺ pNK to the uterus by higher expression of CCR7 on CD56^{dim} pNK ([Hosseini et al. 2014](#))
- In women with RM: trophoblast-derived CXCL12 → CD56^{dim} uNK ↑ adhesive ability ([Lu et al., 2020](#))
- ↔ No significant higher level of CD56^{dim} dNK in women with RM in our meta-analysis

Regulation and receptors

- The interaction between uNK and trophoblast cells → early placentation (activation or inhibition of uNK leading to reproductive failure??)
- 1. uNK activation → successful pregnancy ([Hiby et al., 2010](#); [Xiong et al., 2013](#); [Long et al., 2015](#); [Kennedy et al., 2016](#))
- 2. Women with RM: lower expression of inhibitory receptors (**KIR2DL4**, NKG2A, KIR2DL1) → overactivation of uNK ([Yan et al., 2007](#); [Sotnikova et al., 2014](#); [Guo et al., 2017](#))
- 3. HLA-G (secreted by fetal trophoblasts) activates KIR2DL4 → remodeling of maternal vasculature ([Rajagopalan and Long, 2012](#))
- 4. **Insufficient activation of uNK cells** in women with RM: Low expression of KIR2DL4 → ↓ activation of uNK, ↓ cytokine expression, ↓ trophoblast invasive ability and tube formation ([Guo et al. 2017](#))

Regulation and receptors

1. ↑ IFN- γ , Granzyme B secretion by CD56+ uNK → reduced **migration of trophoblast cells** ([Sotnikova et al. 2014](#))
2. NK cells expressing miR30e → HLA-G on trophoblast cell line, HTR-8/SVneo → ↓ pro-angiogenic cytokine secretion by dNK and ↓ **trophoblast invasion and migration** ([Guo et al. 2017](#))
3. Upregulation of miR30e → ↓ NK cell cytotoxicity against K562 target cells, ↑ pro-angiogenic cytokines (IL-4, IL-10, VEGF, Ang-2), ↓ pro-inflammatory cytokines (IFN- γ , TNF- α) by uNK ([Huang et al. 2019](#))
4. Women with RM: higher CD56dim, ↓CD82, ↑CD29 expression → regulation in trophoblast adhesion ([Lu et al. 2020](#))

Regulation and receptors

- Cross-talk between **uNK cell** and **other immune cells** in the endometrium → **homeostasis** in the early pregnancy placental bed
- 1. ↓ regulatory T (Treg) cells (maintaining homeostasis at the maternal-fetal interface) in the endometrium of women with subinfertility ([Sauerbrun-Cutler et al., 2021](#))
- 2. No correlation between CD57:CD56 ratio and Treg numbers ([Jiang et al., 2017](#)) ↔ Positive correlation between CD56+ cells and Treg numbers ([Lyzikova et al., 2020](#))
- 3. CD14+ macrophage interacts with uNK → produce indoleamine 2,3-dioxygenase (IDO) that induces Tregs ([Vacca et al., 2010](#))
↓ IDO expression in women with RM ([Ban et al., 2013](#); [Wei et al., 2020](#)); but the exact regulatory relation between uNK and IDO???
- 4. Reduced CD27+ NK : Th17 and dNK (from women with RM) unable to suppress Th17 expansion under different cytokines (IL-15, IL-12, IL-18) ([Fu et al., 2013](#))
- 5. Positive correlation between CD56+ uNK and CD68+ macrophages ([Zhao et al., 2020](#))

Cytotoxicity

- uNK does not possess the same cytotoxicity ability as pNK. (Trundley and Moffett, 2004) dNK unable to form activating synapses → perforin release when interacting with K562 target cells (myeloid leukemic cancer cells) (Koopman et al., 2003)

Why using pNK cytotoxicity to assume uNK activity??

- Higher lysis of target cells (K562 leukemic cells) in women with RM compared with controls when co-incubated with dNK. (Chao et al., 1995; Bao et al., 2012; Li et al., 2019) However, K562 cells are more susceptible to cytotoxicity by dNK than trophoblast cells.
 - i. More pNK in the endometrium of RM patients
 - ii. uNK in RM patients may be more activated → ↑ ability to kill K562 cancer cells

Cytotoxicity

1. Expression of granzyme B and perforin ↑ in RM patients ([Sotnikova et al., 2014](#); [Li et al., 2019](#))
2. 3 types of pNK cytotoxicity receptors (NCR): NKp46, NKp30 and NKp44; significant ↓ expression of **NKp46** in uNK of women with RM ([Fukui et al., 2017](#)) but ↑ in those with RIF ([Giuliani et al., 2014](#))
→ interpreted with caution as NKp46+ is universally expressed in all NK cells regardless of activation status ([Barrow et al., 2019](#))
3. **Expression of NCR on uNK ≠ cytotoxicity**
 - i. Inhibitory receptor (NKp46/NKG2A) controls uNK ([El Costa et al., 2009](#))
 - ii. Different cytokine expression profiles for NKp46 between pNK and uNK ([Yokota et al., 2013](#))

Cytokine expression

- 9 studies on RM (7 sampled 1st trimester decidua and 2 used endometrium samples) and 1 on RIF

dNK1: dNK2 ratio significantly higher in women with RM vs. control (Dong et al., 2017; Liu et al., 2019, 2020), not strictly controlled for gestational age

Most studies reported ↑ IFN-γ expression (measured by flow cytometry, ELISA, RT-PCR) in women with RM.

However, IFN-γ secretion can be found physiologically after 1st trimester to inhibit EVT invasion, and one study (Sotnikova et al., 2014) showed no elevated IFN-γ mRNA expression in dNK when co-cultured with trophoblasts in RM group.

- **Equivocal** results on predominant cytokine expression in RM/RIF, as cytokine production by uNK varies with gestational age, method of purification, activation and interaction with trophoblasts

Effect of uNK on uterine vasculature

- 4 studies on RIF and 3 on RM
- i. Higher expression of **proangiogenic cytokines** (angiogenin, b FGF, VEGF-A) in the endometrium ([Chen et al., 2018](#))
- ii. Impaired vascular remodelling associated with ↑ uNK ([Almasry et al., 2015](#))
- iii. Positive correlation between vascular smooth muscle cells and CD56+ uNK ([El-Azzamy et al., 2018](#))
- **Excessive angiogenesis → earlier peri-implantation blood flow → oxidative stress to fetal trophoblasts → cellular injury**
- ↓ Angiogenic cytokine VEGF production and ↓ IL-6 expression → ↑ cytotoxic response by CD56+CD16+ uNK ([Junovich et al., 2013](#))
- **Low production of angiogenic factors → insufficient trophoblast invasion**

Effect of uNK on uterine vasculature

- Dysregulated cytokine signalling → either insufficient or excessive NK cell recruitment to endometrium → impairment of vascular remodelling

(Ledee et al. 2004, 2005, 2008)

Discussion

Key findings

1. Significantly higher total **CD56+** cells in the uterus in women with **RIF** compared with controls.
2. Focused on endometrial samples from **mid-luteal phase** → significant difference between RM and control
3. **Heterogeneity** of studies on uNK activity
4. uNK derived from women with RM/RIF produce **more Type 1 cytokines** (e.g. IFN- γ and TNF- α) compared with Type 2 cytokines (e.g. IL-4 and IL-10).
5. ↓ Inhibitory receptors and ↑ Angiogenesis

Strengths

- Meticulous meta-analysis of u NK: different phenotypes, subgroup and sensitivity analyses
- Quality assessed by ROBINS-I tools (observational studies)
- Reliability: serious risk of bias was excluded

Limitations

- Clinical heterogeneity: different definitions of RM/RIF and control groups
- Exclusion of studies not published in English, derivation of mean and standard deviation from median, extraction of data from graphs (skewing of data)
- Complexity of studies on uNK activity and their interactions with surrounding decidual and immune cells → not possible to fit all studies into categories

Measurement of uNK level

1. Variability in definitions:

- RM: 2 (Bender Atik et al., 2018; Practice Committee of the American Society for Reproductive Medicine, 2020) or 3 (Green Top Guideline, Royal College of Obstetricians and Gynaecologists, 2011) previous consecutive miscarriages
- Not all studies excluded parental or fetal chromosomal abnormalities

A systematic review (Smits et al., 2020): Incidence of **chromosomal abnormalities**, which accounted for **46% of RM** ≈ sporadic miscarriage

- RIF: failure to achieve clinical pregnancy after “minimum of 3 fresh or frozen cycles” (Coughlan et al., 2014) or “2 consecutive cycles” (Polanski et al., 2014) or based on the previous number of embryos transferred irrespective of the number of cycles (Ledee et al., 2008)

Measurement of uNK level

2. Case-controlled observational studies: not all **confounding factors** entirely eliminated

- Maternal age: ≥ 40 y/o, 100 times more likely to have RM ([Saravelos and Li, 2012](#))
- Hormonal therapy might influence uNK numbers.

3. No uniformity in the inclusion criteria for **controls**

4. **Tissue** analyzed regarding RM: endometrium, decidua from 1st trimester pregnancy or menstrual blood

- **uNK level fluctuation** at different gestational ages, and through menstrual cycle from 26% during late proliferative up to 83% in late secretory phase ([Pace et al., 1989](#); [Flynn et al., 2000](#); [Williams et al., 2009](#))
- Unified method: timing it accurately at 7 days post-ovulation by the urine LH surge

Measurement of uNK level

5. Heterogeneity in **techniques** to measure uNK: immunohistochemistry or flow cytometry

- Immunohistochemistry is influenced by subjectivity between observers and indeed within a single observer ([Mariee et al., 2012](#)), different techniques of tissue fixation, embedding and sectioning, selection of area for assessment, definition of immune-positive cells and inclusion/exclusion of blood vessels ([Lash et al., 2016](#)).

6. Variation in **reference range** of uNK level can be the source of heterogeneity in the meta-analysis for livebirth outcome (no difference in high or normal uNK level).

- uNK cannot be used as prognostic indicator for subsequent pregnancy and suggests difference observed in uNK level may be an effect of RM/RIF.

Measurement of uNK activity

1. Conflicting findings due to confounding factors
2. Measurement of cytotoxicity against cancer cell lines \neq uNK activity *in vivo*
3. Poor understanding of uNK function in women with RM and RIF \rightarrow more studies required

Future research Implications

- ✓ Measurement of uNK level: endometrium during **mid-luteal phase** (avoid secretory phase due to rapid change of uNK level); **flow cytometry** with standardized gating strategy
- ✓ Do not use CD16 as a sole marker to define uNK (unable to discern uNK from other immune cells).
- ✓ Set the **baseline of uNK activity in normal pregnancies** before proceeding to evaluate abnormal behavior in pathological pregnancies.
- ✓ **Single cell RNA sequencing** in the first trimester pregnancies: 3 new subpopulations of CD56bright dNK ([Vento-Tormo et al., 2018](#)), with dNKI (central role in trophoblast interaction) ([Huhn et al., 2020](#))

Future research Implications

- ✓ The role of other immune cells (innate lymphoid cells, macrophages and T cells) present in the decidua → cytokines produced by uNK cells?
- ✓ **Interactions between uNK and trophoblast cells:** certain combinations of parental HLA-C and maternal KIR genotype → better pregnancy outcome in ART (improved outcome in women with RIF when donor eggs are used)
- ✓ Immunogenetic screening for RM or RIF??
- ✓ Unexplained RM or RIF: lifestyle factors, BMI, subclinical chronic endometritis, or low testosterone levels?

Clinical Implications

- ✓ Measuring pNK level cannot predict uNK level or activity.
- ✓ Peripheral blood immune cells → uNK (implying there is a circulating progenitor, but what is it?)
- ✓ A standardized **reference range** should be established before uNK measurement can be clinically utilized.
- ✓ Elevated CD56+ uNK in the endometrium of women with RM and RIF: **Cause or effect** of the underlying pathology?
- ✓ Complexity of interaction between NK cells and other immune milieu of the decidua → immunotherapy to correct altered **uNK function** rather than uNK number

Conclusion



1. Over the past 30 years, we are only at cusp of beginning to understand the role of NK cells in early pregnancy.
2. **Complexity** of their interaction with other cells in the uterine milieu → Impossible to draw conclusions from single cells or molecules
3. Novel technology e.g. **single cell RNA sequencing** → decoding the role of uNK cells in physiological/ pathological pregnancies
4. Measurement of uNK and immunotherapy should be performed in research setting.