# Prenatal ultrasound - ASD, VSD

Presenter: PGY2 張家甄 Supervisor: VS 林宜珈醫師

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# Outline ...



 VSD
 03

 CASES
 04

# Anatomy, Embryology

#### The cardiovascular system is mesodermally derived.



Gilbert fig 14.1

The cardiogenic field is established in the **mesoderm** just after gastrulation (~18-19 days) and develops into a fully functional, multi-chambered heart by the 8<sup>th</sup> week



#### PRIMITIVE HEART TUBE



Primary cardiac crescent

Secondary heart field

Embryonic disc

22-28 days pharyngeal mesoderm



Fusion of limbs of primary cardiac crescent

Primordium of outflow tract and right ventricle

Primordium of left ventricle

Right and left sinus horns

### Folding and rotation of heart tube





- Ventricle moves ventrally and to right
- Atrium moves dorsally and to left



#### Atrioventricular Endocardial Cushions Late 4<sup>th</sup> weeks



Moore & Persaud fig 13-11

в



#### Formation of AV valves Late 4<sup>th</sup> weeks



#### **Four-chamber view**

Moderator band Right ventricle Tricuspid valve

Right atrium Foramen ovale



Diagnostic Imaging Obstetrics





# **Incidence and Etiology**

- The third most common type of congenital heart disease
- About 10% to 15% of CHD after birth
- Abnormal embryologic development of the atrial septum
- It may be isolated or associated with other cardiac defects as a part of complex CHD
- Associated with bone malformations and syndromes
  - Holt-Oram, Noonan and Treacher Collins
    - $\rightarrow$  Less frequently
- Familial form of secundum ASD
  - gene mutations (GATA4 and NKX2-5 genes)

# Types of ASD



Fig. 9. Types of atrial septal defect (ASD).

## Secundum ASD



Fig. 9. Types of atrial septal defect (ASD).

N.J. Bravo-valenzuela et al. / Indian Heart Journal 70 (2018) 150-164



# Sinus venous ASD



- A less common septal defect
- Both are frequently associated with anomalous pulmonary venous return.
- The most common location is between the right upper pulmonary vein and the superior vena cava



## **Coronary sinus ASD**



- A rare septal defect
- Partial or complete unroofing of the tissue separating the coronary sinus from the LA
- The orifice of the **coronary sinus** in this anomaly is **usually large** as a result of the left-to-right shunt.

Figure 11.7 Diagram of coronary sinus septal defect. (a) Small coronary sinus septal defect associated with left superior vena cava-to-coronary sinus. (b) Unroofed coronary sinus associated with left superior vena cava (Raghib syndrome). Note the large interatrial communication through the coronary sinus ostium. IVC, inferior vena cava; LV, left ventricle; RV, right ventricle; SVC, superior vena cava.





**Figure 11.14** Coronary sinus septal defect. Blood flows from the left atrium (LA) through the unroofed coronary sinus into the right atrium (RA) through the enlarged coronary sinus ostium. Note the inferior-posterior location of the coronary sinus ostium and its relation to the intact fossa ovalis (FO).

Echocardiography in Pediatric and CHD - 2nd edition

# **Primum ASD**



Fig. 9. Types of atrial septal defect (ASD).

# **Primum ASD**



- Incomplete atrioventricular septal defect
- An endocardial cushion defect with an absent fusion of the lower atrial septum to the underlying atrioventricular valve

### **AVSD**

#### Atrioventricular canal defect or endocardial cushion defect



#### Complete form

• Primum ASD, an inlet VSD and a common (single) atrioventricular valve



#### Partial form

• Primum ASD, distinct mitral and tricuspid valve annuli, cleft in mitral valve



## AVSD

- Diagnostic pearl of the imaging
- Best diagnostic clue
  - Missing crux of heart on 4-chamber view
    - Normally atrial and ventricular septa meet at crux of heart and AV valves are separated into 2 distinct valve annuli
  - Presence of atrial and ventricular septal defects
  - Usual offset of the AV valves is absent (i.e., valve is in same plane)



Fig. 2. Four-chamber view of the heart. Key components of a normal four-chamber view include an intact interventricular septum and atrial septum primum. There is no disproportion between the left (LV) and right (RV) ventricles. A moderator band helps to identify the morphologic right ventricle. Note how the "offset" atrioventricular septal valve leaflets insert into the crux. (From Lee W. American Institute of Ultrasound in Medicine. Performance of the basic fetal cardiac ultrasound examination. J Ultrasound Med 1998;17:601–7; with permission.)

(Left) Four-chamber view fetal echocardiogram shows a balanced atrioventricular septal defect (AVSD) with a single common AV valve 🛃 in systole and contiguous atrial 🔁 and ventricular 🔁 septal defects. The usual offset of the valves is absent. (Right) Color Doppler image in diastole shows blood filling the entire atrioventricular septal defect 🛃. The crux of the heart is missing and there is complete mixing of oxygenated and deoxygenated blood.





Fig. 12. Atrioventricular septal defect. Sonographic findings for a complete atrioventricular septal defect consist of atrial septal defect (asd), ventricular septal defect (vsd), and lack of the normal offset atrioventricular valve insertion sites. The common valve appears as a straight echogenic line.



**Figure 15.5** Diagram showing that the length of inflow and outflow are the same in the left ventricle of the normal heart. In CAVC, the outflow length is elongated because of the unwedged aortic valve.



Figure 29.3 Elongated left ventricular outflow tract (LVOT) in atrioventricular septal defect (AVSD). Demonstrated in a diagram (A) and parasternal long-axis echocardiograph (B). Because of deficiency of the ventricular component of the atrioventricular septam and the "sprung" atrioventricular junction, the distance from the LV apex to the posterior left atrioventricular valve annulus is 20% to 25% shorter than the distance from the apex to the aortic annulus. Ao, aorta; LA, left atrium; LV, left ventricle; RV, right ventricle. (A courtesy of Robert H. Anderson, MD.)

Ultrasound Clin 1 (2006) 273-291





## AVSD

- Complete AVSD is associated with extra-cardiac malformations and syndromes such as trisomies 21 (75% of cases), 18 and 13.
- Genetics
  - $\circ$  Trisomy 21 in up to 50% of fetal cases
  - $\circ$  Other chromosomal anomalies or syndromes in 20-30%
    - Trisomy 18, 13, heterotaxy syndromes
- Associated abnormalities
  - $\circ$  Heterotaxy found in 15-20%
  - Additional cardiac malformations, such as tetralogy of Fallot, double outlet right ventricle, left heart obstruction
    - Found in 10% with trisomy 21
    - Found in 33% in non-Down syndrome group

## AVSD

#### Imaging Recommendations

- $\circ$  Monitor for signs of hydrops
  - Pericardial effusion, pleural effusion, ascites, skin edema
  - Cardiomegaly

Track ratio of heart to chest circumference

- Full anatomic survey for other anomalies
  - Strong association with trisomy 21
    - Thickened nuchal fold, rhizomelic limb shortening, duodenal atresia, echogenic bowel, pelviectasis, clinodactyly





# **Incidence and Etiology**

- The most common CHD occurring in about 20-30% of neonates with CHD
- Can occur **sporadically** or in association with **gene mutations** 
  - TBX5 and GATA4 genes
- Most of all, VSDs evolve to spontaneous closure, even in utero or during the first year of life.
- Associated cardiac abnormalities present in 50%

### VSD

### **Classification of VSD**

#### Type 1

- 5% to 7% of isolated VSD
- "Conal", "sub-pulmonary",
   "infundibular", "supracristal"

#### Type 2

#### 70% of VSDs

- "Peri-membranous", "paramembranous", "conoventricular"
- Type 3
  - 5% of VSDs, typically occurs in Down syndrome
  - "Peri-inlet", "AV canal", "AV septal", "endocardial cushion"
- Type 4
  - 20% of VSDs
  - Muscular defect



Source: BMJ Group Best Practice. Ventricular septal defects. Ilustration by Patrick J. Lynch, medical illustrator

### VSD

### **Diagnostic pearl of the imaging**

- Keep sound beam perpendicular to septum
   Avoids VSD mimic of dropout at membranous-muscular junction
- Look for septal continuity with aortic annulus in left ventricular outflow tract (LVOT) view to exclude membranous VSD
- The evaluation of LVOT (five-chamber view) helps to identify outlet defects, mainly membranous outlet VSD.





圖片引用至 Callen's Ultrasonography in Obstetrics and Gynecology-6<sup>th</sup> edition, Figure 13-43

圖三:心室中膈缺損 Type I





FIG 13-48 Diagram of a conoseptal type ventricular septal defect. Ao, aorta: PA, main pulmonary artery; RA, right atrium; RV, right ventricle. (Adapted with permission from American Institute of Ultrasound in Medicine: AIUM practice guideline for the performance of fetal echocardiography. J Ultrasound Med 32:1067-1082, 2013.)

圖片引用至 Callen's Ultrasonography in Obstetrics and Gynecology-6<sup>th</sup> edition, Figure.13-48



FIG 13-44 Diagrams and sonograms of membranous (also known as perimembranous) ventricular septal defects by two-dimensional and color Doppier imaging. A membranous defect is typically bordered by the tricuspid valve and the aortic valve and is best seen in a left ventricular outflow tract view or a high short-axis view, as shown by the asterisks in **A** and **B**, and the letter "d" in **C** through **E**. There is remnant outfet septum seen in **E** (asterisk) anterosuperior to the defect. By color Doppler (**D**), shunting across the defect is typically bidirectional; in this image there is left-to-right shunting in a systole frame. Ao, aorta; AsoAo, ascending aorta; AV, aortic valve; d, ventricular septal defect; LA, left attium; LV, left ventricle; PA, main pulmonary artery, RA, right attium; RV, right ventricle.

#### 圖片引用至 Callen's Ultrasonography in Obstetrics and Gynecology-6<sup>th</sup> edition, Figure.13-44





圖片引用至 Callen's Ultrasonography in Obstetrics and Gynecology-6<sup>®</sup> edition, Figure.13-43 圖五:心室中膈缺損 Type Ⅲ



FIG 13-47 Diagram (A) and sonographic image (B) of atrioventricular canal type (also known as perimembranous inlet) ventricular septal defects (VSDs). VSDs are indicated by an asterisk in A, and the arrow in B. Note that there are two atrioventricular valves, and there is no primum atrial septal defect in this defect. Ao, aorta; LA, left atrium; LV, left ventricle; RA, right atrium; RV, right ventricle. (A, Adapted with permission from American Institute of Ultrasound in Medicine: AIUM practice guideline for the performance of fetal echocardiocraphy. J Ultrasound Med 32:1067-1082, 2013.)

圖片引用至 Callen's Ultrasonography in Obstetrics and Gynecology-6<sup>th</sup> edition, Figure.13-47





FIG 13-46 Diagrams and sonographic images of muscular ventricular septal defects (VSDs). The VSDs are indicated by the arrows. The first diagram (A) and the images in C and D show a midmuscular and apical muscular VSD. The second diagram (B) shows two midmuscular defects, and E shows an anterior muscular defect. Ao, aorta; LA, left atrium; LV, left ventricle; RA, right atrium; RV, right ventricle. (A, Adapted with permission from American Institute of Ultrasound in Medicine: AIUM practice guideline for the performance of fetal echocardiography. J Ultrasound Med 32:1067-1082, 2013.)

(Left) Ultrasound shows a membranous VSD ⊇ with aortic override ⊇ in a fetus with tetralogy of Fallot. (Right) Color Doppler ultrasound in the same plane shows flow ⊇ across the VSD from the RV and LV exiting the aorta ⊇. Approximately 1/2 of all VSDs are associated with other cardiac malformations.



### VSD

- Recommendations
- Genetics
  - $\circ$  Chromosomal anomaly found in > 40%
  - Offer karyotype if complex congenital heart disease or extracardiac abnormalities

# **Case review**

32 y/o Pregnancy 22+4 weeks





#### Pregnancy 22+4 weeks, 39y/o

- Overriding aorta
- VSD 3.4mm



#### Pregnancy 22+4 weeks, 39y/o

• Overriding aorta

•

• No obvious pulmonary stenosis noted





Pregnancy 22+4 weeks, 39y/o

- Overriding aorta
- VSD 3.4mm
- 20201112 aCGH array:
- Chip information: Affymetrix Cytoscan 750K array SA204136
- Result: arr (1-22)x2,(X,Y)x1 No pathologic gene dosage variation (CNV) detected No pathologic absence of heterozygosity (AOH)

Pregnancy 22+4 weeks, 39y/o

- Overriding aorta
- VSD 3.4mm

Pregnancy 36+1 weeks, preterm labor - s/p vaginal delivery on 2021/01/26

• Type 2 ventricular septal defect, with regular Digoxin and Captopril, Synagis (Palivizumab)



#### Pregnancy 30+0 weeks, 38 y/o





**GE Healthcare A** 



#### Pregnancy 30+0 weeks, 38 y/o





Pregnancy 30+0 weeks, 38 y/o

• Muscular type VSD 2.6mm

- aCGH at Dr. Ko:
- arr 22q11.21q11.22(21,759-520-22,905,068)x1 (De novo), penetrance <10%</li>
- Parental aCGH: both ok

Pregnancy 30+0 weeks, 38 y/o

Muscular type VSD 2.6mm

Pregnancy 35+6 weeks, with PPROM and previous Cesarean section history

- s/p Cesarean section on 2020/06/14

THROAT & MOUTH \*\*High arch palate, bifid uvula

HEART ECHO: Diagnosis : Case of r/o 22q11 deletion anomaly

Mild TR. No MR/AR/AS/PR/PS/CoA/TAPVR Muscular VSD, two jets, around 0.15-0.2cm each. L-to-R shunt. PFO, 0.26cm, L-to-R shunt. PDA closing. Left side arch with normal branching pattern Normal LV systolic function.

Pregnancy 30+0 weeks, 38 y/o

• Muscular type VSD 2.6mm

Pregnancy 35+6 weeks, with PPROM and previous Cesarean section history

- s/p Cesarean section on 2020/06/14

2021/09/28, 1Y3M

GR.II-III/VI SM OVER LSB DOPPLER: M. VSD 0.195CM NO CHF SIGN

# 產前診斷單純心室中膈缺損 之病例報告與文獻回顧

臺北榮民總醫院 婦女醫學部 陳冠宇醫師/葉長青醫師



#### 病例報告

張女士,37歲,G1P0,過去無其他特殊病史。 本次為自然懷孕,初期產前檢查均正常,第二孕期 接受羊膜穿刺檢查顯示染色體套數正常,孕婦在妊 娠21週接受高層次超音波檢查,發現胎兒心室中隔 缺損(Ventricular septal defect, VSD),其他無顯著 結構異常。後續產檢追蹤情況良好,並無額外併發 症出現。此孕婦於39週順利生產,胎兒體重3052 克,身長48.4公分,出生後第一分鐘與第五分鐘 的Apgar Score分別為8與9分。新生兒出生以後接 受心臟超音波追蹤,診斷為Type II 心室中膈缺損 7.1mm,合併雙向血流分流(Bidirectional shunt)與 開放動脈導管(PDA)1.7mm。新生兒出院前再接受 一次心臟超音波檢查,顯示無鬱血性心臟情況,改 門診追蹤治療。新生兒後續每個月接受心臟超音波 追蹤,顯示VSD有慢慢縮小的趨勢,最後一次追蹤 為出生後1歲10個月,超音波顯示心室中隔缺損面積 縮小為4.2mm,且無鬱血性心衰竭情況。<圖一>





# References



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# Thank you !